

**Columbus City Schools
ELO/Latchkey/PreK Snack Cycle
Monthly Menu SY2016-17**

Monday	Tuesday	Wednesday	Thursday	Friday
Disney Frozen Graham Snacks Milk 8 oz.	Goldfish Pretzel Cracker Milk 8 oz.	Animal Crackers Milk 8 oz.	Cheez-its Milk 8 oz.	President Crackers Milk 8 oz.
Corn Chips Milk 8 oz.	Disney Frozen Graham Snacks Milk 8 oz.	Goldfish Pretzel Cracker Milk 8 oz.	Animal Crackers Milk 8 oz.	Cheez-its Milk 8 oz.
President Crackers Milk 8 oz.	Corn Chips Milk 8 oz.	Disney Frozen Graham Snacks Milk 8 oz.	Goldfish Pretzel Cracker Milk 8 oz.	Animal Crackers Milk 8 oz.
Cheez-its Milk 8 oz.	President Crackers Milk 8 oz.	Corn Chips Milk 8 oz.	Disney Frozen Graham Snacks Milk 8 oz.	Goldfish Pretzel Cracker Milk 8 oz.

Serving Size/Carbohydrate grams/Allergens:

Animal Crackers: 1 oz. (1 pkg.)/21 grams/Wheat and Soy

Cheez-its 0.75 oz/14 grams/Wheat, Milk, and Soy

Chocolate Non-fat Milk 8 oz. (1 container)/24 grams/Milk, Corn Syrup, and Cocoa
Disney Frozen Graham Snacks: 1.09 oz (1 pkg.)/21 grams/Wheat, Soy, Cinnamon,
Molasses

Goldfish Pretzel Cracker: 0.75 oz. (1 pkg.)/14 grams/Wheat, Milk, Corn, and Barley

President Crackers 1 oz. / 22 grams/Milk, Wheat, Soy

Corn Chips 1 oz. (1 pkg.) /15 grams/ Corn

100% juice (apple/orange) 4 oz. (1 container)/14 grams

White 1% Milk 8 oz. (1 container)/13 grams/Milk

***Menu items subject to change.**

ELO/Latchkey programs – provide 2 juices as a substitution for milk intolerance.

Preschool – provide water as a substitute for milk intolerance.

USDA/Columbus City Schools are equal opportunity providers and employers.

Revised 7/26/2016