



**After School/PreK Snack Cycle for buildings with grades K-8 and Colerain**

**Monthly Menu SY2017-18**

Monday	Tuesday	Wednesday	Thursday	Friday
Graham Snacks Milk 8 oz.	Pretzels Milk 8 oz.	Corn Chips Milk 8 oz.	Cheez-its Milk 8 oz.	Nutrition Crackers Milk 8 oz.
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Nutrition Crackers Milk 8 oz.	Cheez-its Milk 8 oz.	Graham Snacks Milk 8 oz.	Pretzels Milk 8 oz.	Corn Chips Milk 8 oz.
Cheez-its Milk 8 oz.	Nutrition Crackers Milk 8 oz.	Corn Chips Milk 8 oz.	Graham Snacks Milk 8 oz.	Pretzels Milk 8 oz.

**Serving Size/Carbohydrate grams/Allergens:**

Cheez-its: 0.75 oz. pkg. /14 grams/Wheat, Milk, and Soy

Chocolate Non-fat Milk: 8 oz. carton/24 grams/Milk, Corn Syrup, and Cocoa

Corn Chips (Fritos): 1 oz. pkg. /15 grams/Corn

Graham Snacks (Despicable Me): 1.06 oz. pkg. /22 grams/Wheat, Soy, Milk, Cinnamon

100% Fruit juice (apple/orange): 4 oz. cup/14 grams

Nutrition Crackers (Dick & Jane's): 1 oz. pkg. / 22 grams/Milk, Wheat, Sunflower, Egg, Honey

Pretzels (Goldfish): 0.75 oz. pkg. /16 grams/Wheat, Barley, and Milk

White 1% Milk: 8 oz. carton/13 grams/Milk

**ELO/Latchkey programs – provide 2 juices as a substitution for milk intolerance.**

**Preschool – provide water as a substitute for milk intolerance.**

**Please Note** – All snack items listed are produced in nut-free facilities or on dedicated nut-free production lines.

Menu subject to change. This institution is an equal opportunity provider.

Revised 1/25/2018