



**After School/PreK Snack Cycle
Monthly Menu SY2017-18**

Monday	Tuesday	Wednesday	Thursday	Friday
Graham Snacks or Animal Crackers Milk 8 oz.	Pretzels Milk 8 oz.	Corn Chips Milk 8 oz.	Cheez-its Milk 8 oz.	Nutrition Crackers Milk 8 oz.
Corn Chips Milk 8 oz.	Graham Snacks or Animal Crackers Milk 8 oz.	Pretzels Milk 8 oz.	Nutrition Crackers Milk 8 oz.	Cheez-its Milk 8 oz.
Nutrition Crackers Milk 8 oz.	Cheez-its Milk 8 oz.	Graham Snacks or Animal Crackers Milk 8 oz.	Pretzels Milk 8 oz.	Corn Chips Milk 8 oz.
Cheez-its Milk 8 oz.	Nutrition Crackers Milk 8 oz.	Corn Chips Milk 8 oz.	Graham Snacks or Animal Crackers Milk 8 oz.	Pretzels Milk 8 oz.

Serving Size/Carbohydrate grams/Allergens:

- Animal Crackers: 1 oz./21 grams/Wheat and Soy
- Cheez-its: 0.75 oz. pkg. /14 grams/Wheat, Milk, and Soy
- Chocolate Non-fat Milk: 8 oz. carton/24 grams/Milk, Corn Syrup, and Cocoa
- Corn Chips: 1 oz. pkg. /15 grams/Corn
- Graham Snacks: 1.06 oz. pkg. /22 grams/Wheat, Soy, Milk, Cinnamon
- 100% Fruit juice (apple/orange): 4 oz. cup/14 grams
- Nutrition Crackers: 1 oz. pkg. / 22 grams/Milk, Wheat, Sunflower, Egg, Honey
- Pretzels: 0.75 oz. pkg. /16 grams/Wheat, Barley, and Milk
- White 1% Milk: 8 oz. carton/13 grams/Milk

ELO/Latchkey programs – provide 2 juices as a substitution for milk intolerance.

Preschool – provide water as a substitute for milk intolerance.

Please Note – All snack items listed are produced in nut-free facilities or on dedicated nut-free production lines.

Menu subject to change. This institution is an equal opportunity provider.

Revised 1/25/2018