



**GRADES 6-12 BREAKFAST MENU**

**April/May 2018**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>4/9 Choose One</b> Egg/Cheese and Salsa Wrap (38g) Peanut Butter & Jelly Graham (30g)	<b>4/10 Choose One</b> French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>4/11 Choose One</b> Turkey Sausage, Egg, & Cheese Pancake Sandwich (29g) Peanut Butter & Jelly Graham (30g)	<b>4/12 Choose One</b> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>4/13 Choose One</b> Scramble Slider (31g) Peanut Butter & Jelly Graham (30g)
<b>4/16 Choose One</b> Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>4/17 Choose One</b> Cinnabar (45g) Peanut Butter & Jelly Graham (30g)	<b>4/18 Choose One</b> Turkey Sausage & Cheese Pancake Sandwich (29g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>4/19 Choose One</b> Yogurt Parfait (63-78g) Peanut Butter & Jelly Graham (30g)	<b>4/20 Choose One</b> Maple Pancakes (39g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)
<b>4/23 Choose One</b> Egg/Cheese and Salsa Wrap (38g) Peanut Butter & Jelly Graham (30g)	<b>4/24 Choose One</b> French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>4/25 Choose One</b> Turkey Sausage, Egg, & Cheese Pancake Sandwich (29g) Peanut Butter & Jelly Graham (30g)	<b>4/26 Choose One</b> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>4/27 Choose One</b> Scramble Slider (31g) Peanut Butter & Jelly Graham (30g)
<b>4/30 Choose One</b> Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>5/1 Choose One</b> Cinnabar (45g) Peanut Butter & Jelly Graham (30g)	<b>5/2 Choose One</b> Turkey Sausage & Cheese Pancake Sandwich (29g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>5/3 Choose One</b> Yogurt Parfait (63-78g) Peanut Butter & Jelly Graham (30g)	<b>5/4 Choose One</b> Maple Pancakes (39g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)
NO PORK PRODUCTS OFFERED.  NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.	This institution is an equal opportunity provider.  Menu is subject to change.  Rev 2/5/2018	A variety of fresh fruits, choice of 1% low fat white milk (13g), skim chocolate milk (24g), orange juice (14g), and apple juice (14g), are offered daily with breakfast.  <b>CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST:</b> Assorted Cereals (20-27g) Cheese Stick (1g) Cinnamon Roll (20g) Graham Cracker (19g) Hard Boiled Egg (1g) Muffins (26-28g) Yogurt (15-16g)		