









**March/April 2018**

**National School Breakfast Week**


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>3/5 Choose One</b> Egg & Cheese Croissant (28g) Grape-Filled Crescent Roll (35g)	 <b>3/6 Choose One</b> Cinnabar (45g) or Peanut Butter & Jelly Graham (30g) + Dragon Punch 100% juice (13g)	 <b>3/7 Choose One</b> Turkey Sausage & Cheese Pancake Sandwich (29g) Apple Blueberry Chip Bar (48g)	 <b>3/8 Choose One</b>  Ohio Day Yogurt Parfait (41-44g) Peanut Butter & Jelly Graham (30g)	 <b>3/9 Choose One</b> Maple or Blueberry Pancakes (35g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)
<b>3/12 Choose One</b> Egg/Cheese and Salsa Wrap (38g) Peanut Butter & Jelly Graham (30g)	<b>3/13 Choose One</b> French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>3/14 Choose One</b> Turkey Sausage, Egg, & Cheese Pancake Sandwich (29g) Peanut Butter & Jelly Graham (30g)	<b>3/15 Choose One</b> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>3/16 Choose One</b> Scramble Slider (31g) Peanut Butter & Jelly Graham (30g)
<b>3/19 Choose One</b> Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>3/20 Choose One</b> Cinnabar (45g) Peanut Butter & Jelly Graham (30g)	<b>3/21 Choose One</b> Turkey Sausage & Cheese Pancake Sandwich (29g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>3/22 Choose One</b> Yogurt Parfait (63-78g) Peanut Butter & Jelly Graham (30g)	<b>3/23 Choose One</b> Maple Pancakes (39g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)
<b>3/26 Choose One</b> Egg/Cheese and Salsa Wrap (38g) Peanut Butter & Jelly Graham (30g)	<b>3/27 Choose One</b> French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>3/28 Choose One</b> Turkey Sausage, Egg, & Cheese Pancake Sandwich (29g) Peanut Butter & Jelly Graham (30g)	<b>3/29 Choose One</b> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>3/30</b>  <b>NO SCHOOL</b>
NO PORK PRODUCTS OFFERED.  NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.	This institution is an equal opportunity provider.  Menu is subject to change.  Rev 1/12/2018	A variety of fresh fruits, choice of 1% low fat white milk (13g), skim chocolate milk (24g), orange juice (14g), and apple juice (14g), are offered daily with breakfast.  <b>CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST:</b> Assorted Cereals (20-27g) Cheese Stick (1g) Cinnamon Roll (20g) Graham Cracker (19g) Hard Boiled Egg (1g) Muffins (26-28g) Yogurt (15-16g)		