


**October/November 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>10/30 Choose One</b> Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>10/31 Choose One</b> Apple (54g) or Raspberry (56g) Churros Peanut Butter & Jelly Graham (30g)	<b>11/1 Choose One</b> Turkey Sausage & Cheese Pancake Sandwich (29g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>11/2 Choose One</b> Yogurt Parfait (63-78g) Peanut Butter & Jelly Graham (30g)	<b>11/3 Choose One</b> Maple Pancakes (39g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)
<b>11/6 Choose One</b> Egg/Cheese and Salsa Wrap (37g) Peanut Butter & Jelly Graham (30g)	<b>11/7</b>  <b>NO SCHOOL</b>	<b>11/8 Choose One</b> Turkey Sausage, Egg, & Cheese Pancake Sandwich (29g) Peanut Butter & Jelly Graham (30g)	<b>11/9 Choose One</b> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>11/10 Choose One</b> Scramble Slider (31g) Peanut Butter & Jelly Graham (30g)
<b>11/13 Choose One</b> Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>11/14 Choose One</b> Apple (54g) or Raspberry (62g) Churros Peanut Butter & Jelly Graham (30g)	<b>11/15 Choose One</b> Turkey Sausage & Cheese Pancake Sandwich (29g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>11/16 Choose One</b> Yogurt Parfait (63-78g) Peanut Butter & Jelly Graham (30g)	<b>11/17 Choose One</b> Maple Pancakes (39g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)
<b>11/20 Choose One</b> Egg/Cheese and Salsa Wrap (38g) Peanut Butter & Jelly Graham (30g)	<b>11/21 Choose One</b> French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>11/22</b>  <b>NO SCHOOL</b>	<b>11/23</b>  <b>THANKSGIVING - NO SCHOOL</b>  	<b>11/24</b>  <b>NO SCHOOL</b>
NO PORK PRODUCTS OFFERED.  NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.	This institution is an equal opportunity provider.  Menu is subject to change.  Rev 9/26/2017	A variety of fresh fruits, choice of 1% low fat white milk (13g), skim chocolate milk (24g), orange juice (14g), and apple juice (14g), are offered daily with breakfast.  <b>CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST:</b> Assorted Cereals (20-27g) Yogurt (15-16g) Cheese Stick (1g) Muffins (26-28g) Graham Cracker (19g) Cinnamon Roll (20g)		