




**October/November 2017**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<p><b>10/30 Choose One</b> Egg &amp; Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>10/31 Choose One</b> Apple (54g) or Raspberry (56g) Churros Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/1 Choose One</b> Turkey Sausage &amp; Cheese Pancake Sandwich (29g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/2 Choose One</b> Yogurt Parfait (63-78g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/3 Choose One</b> Maple Pancakes (39g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p><b>11/6 Choose One</b> Egg/Cheese and Salsa Wrap (37g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/7</b>  <b>NO SCHOOL</b></p>	<p><b>11/8 Choose One</b> Turkey Sausage, Egg, &amp; Cheese Pancake Sandwich (29g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/9 Choose One</b> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/10 Choose One</b> Scramble Slider (31g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p><b>11/13 Choose One</b> Egg &amp; Cheese Croissant (29g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/14 Choose One</b> Apple (54g) or Raspberry (56g) Churros Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/15 Choose One</b> Turkey Sausage &amp; Cheese Pancake Sandwich (29g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/16 Choose One</b> Yogurt Parfait (63-78g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/17 Choose One</b> Maple Pancakes (39g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p><b>11/20 Choose One</b> Egg/Cheese and Salsa Wrap (38g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/21 Choose One</b> French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>11/22</b>  <b>NO SCHOOL</b></p>	<p><b>11/23</b>  <b>THANKSGIVING - NO SCHOOL</b></p> 	<p><b>11/24</b>  <b>NO SCHOOL</b></p>
<p>NO PORK OR NUT PRODUCTS OFFERED.</p> <p>NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.</p>	<p>This institution is an equal opportunity provider.</p> <p>Menu is subject to change.</p> <p>Rev 9/27/2017</p>	<p>A variety of fresh fruits, choice of 1% low fat white milk (13g), skim chocolate milk (24g), orange juice (14g), and apple juice (14g), are offered daily with breakfast.</p> <p><b>CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST:</b></p> <ul style="list-style-type: none"> <li>Assorted Cereals (20-27g)</li> <li>Yogurt (15-16g)</li> <li>Cheese Stick (1g)</li> <li>Muffins (26-28g)</li> <li>Graham Cracker (19g)</li> <li>Cinnamon Roll (20g)</li> </ul>		