



| | Monday 3/5 | Tuesday 3/6 | Wednesday 3/7 | Thursday 3/8 | Friday 3/9 Friday |
|--------------------------|--|--|---|---|--|
| Entrée – choose 1 | *Chicken Patty on Bun (34g) *Turkey Sausage Pizza (36g) *Sloppy Joe on Bun (36g) | *Philly Steak & Cheese Sub (33g) *Buffalo Chicken Grab Wraps (40g) *Lasagna (34g) & Breadstick (17g) | *Chicken Enchilada Dip with Tortilla Chips (31g) & Cornbread (29g) *Pepperoni Pizza (35g) *Chili Cheese Coney (31g) | *Hot Italian Sub (30g) *Cheesy Chicken Crunch Wrap (57g) **Veggie Burger (40g) or Cheeseburger on Bun (27g) | *Spicy Chicken Tenders (9g) & Cornbread (29g) **Veggie Pizza (43g) or Cheese Pizza (35g) *Turkey & Cheese Melt (31g) |
| | COLD ENTREE **Vegetarian Sub (40g) | COLD ENTREE **Vegetarian Salad (22g) & Breadstick (17g) | COLD ENTREE **Yogurt Parfait (63-78g) & Muffin (26-28g) | COLD ENTREE * Egg Combo Box (34-59g) | COLD ENTREE *Regular (43g) or Spicy Chicken Wrap (43g) |
| Choose 1 or more | *Collard Greens (4g) | *Steamed Broccoli (2g) **Garbanzo beans (20g) | *Corn (17g) *Hot Apple Slices (20g) | *Potato of Choice (14-37g) *California Mixed Vegetables – broccoli, carrots, & cauliflower (3g) | **Baked Beans (28g) |

WEEK 1

| | Monday 3/12 | Tuesday 3/13 | Wednesday 3/14 | Thursday 3/15 | Friday 3/16 |
|--------------------------|--|--|--|--|--|
| Entrée – choose 1 | *Chicken Drumstick & Waffle (37g) *Turkey Sausage & Pepperoni Pizza (36g) *Fiesta Nachos (36g) | *Salisbury Steak on Bun (34g) *Turkey Corn Dog (30g) **Cheese Stuffed Breadsticks with Spaghetti Sauce (58g) | *Spicy Chicken Patty on Bun (34g) *Pepperoni Pizza (35g) *Taco Salad with Tortilla Chips (27g) & Cornbread (29g) | *Cheeseburger on Bun (26g) *Orange Chicken over Rice (77g) **Toasted Cheese Sandwich (32g) | *Chicken Tenders (12g) & Breadstick (17g) **Veggie Pizza (43g) or Cheese Pizza (35g) *Cheese and Chicken Burrito (55g) |
| | COLD ENTREE **Vegetarian Salad (22g) & Muffin (26-28g) | COLD ENTREE *BBQ Chicken Wrap (39g) | COLD ENTREE **Yogurt Parfait (63-78g) & Muffin (26-28g) | COLD ENTREE *Italian Salad (10g) & Breadstick (17g) | COLD ENTREE *Chef Salad (25g) & Breadstick (17g) |
| Choose 1 or more | *Green Beans (5g) **Black beans (22g) | *Mashed Potatoes with Gravy (23g) *Brussels Sprouts (7g) | *Corn (17g) | *Potato of Choice (14-37g) *Steamed Broccoli (2g) | *Mixed Vegetables – corn, peas, carrots, green beans, & lima beans (9g) *Hot Peach Slices (28g) |

WEEK 2

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots), and 1% low fat white milk (13g) or fat-free chocolate milk (24g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. **Meatless food item is available at lunch daily. No pork, seafood or nut products offered. Menu subject to change. This institution is an equal opportunity provider. Revised 1/16//2018



| | Monday 3/19 | Tuesday 3/20 | Wednesday 3/21 | Thursday 3/22 | Friday 3/23 |
|--------------------------|--|---|---|--|---|
| Entrée – choose 1 | **Veggie Burger (40g) or Hamburger on Bun (25g) *Beef Enchilada Dip with Tortilla Chips (34g) & Cornbread (29g) *Buffalo Chicken Pizza (36g) | **Cheese & Bean Enchilada (42g) **Macaroni-n-Cheese (25g) & Cornbread (29g) *Chicken Patty on Bun (34g) | *Philly Steak & Cheese Sub (33g) *Pepperoni Pizza (35g) *Turkey Sausage & French Toast Sticks (58g) | *Nacho Burger on Bun (26g) *Turkey Divan (33g) & Breadstick (17g) *BBQ Chicken on Bun (34g) | *Spicy Chicken Tenders (9g) & Cornbread (29g) **Veggie Pizza (43g) or Cheese Pizza (35g) *Chili with Tortilla Chips (44g) & Cornbread (29g) |
| | COLD ENTREE *Cobb Salad (20g) & Cornbread (29g) | COLD ENTREE *Egg Combo Box (34-59g) | COLD ENTREE **Yogurt Parfait (63-78g) & Muffin (26-28g) | COLD ENTREE **Vegetarian Sub (40g) | COLD ENTREE *Turkey Ham & Cheese Sub (31g) |
| Choose 1 or more | *Collard Greens (4g) **Black beans (22g) | *Potato of Choice (14-37g) *Green Beans (5g) | *Corn (17g) *Hot Apple Slices (20g) | *Potato of Choice (14-37g) *California Mixed Vegetables – broccoli, carrots, & cauliflower (3g) | *Steamed Broccoli (2g) |

WEEK 3

| | Monday 3/26 | Tuesday 3/27 | Wednesday 3/28 | Thursday 3/29 | Friday 3/30 |
|--------------------------|--|--|---|--|------------------|
| Entrée – choose 1 | *Taco Salad with Tortilla Chips (24g) & Cornbread (29g) *Meatball Sub (39g) *Pepperoni Pizza (35g) | *Chicken Nuggets (13g) & Breadstick (17g) *BBQ Beef Rib on Bun (37g) **Cheese Stuffed Breadsticks with Spaghetti Sauce (58g) | *Cheeseburger on Bun (26g) **Cheese Pizza (35g) *Chicken Fajita (39g) | **Cheese & Bean Enchilada (42g) *Buffalo Chicken Drumstick & Waffles (36g) *Spaghetti with Meat Sauce (34g) & Breadstick (17g) | |
| | COLD ENTREE **Vegetarian Salad (22g) & Cornbread (29g) | COLD ENTREE *Cobb Salad (20g) & Breadstick (17g) | COLD ENTREE **Yogurt Parfait (63-78g) & Muffin (26-28g) | COLD ENTREE *Turkey & Cheese Sub (29g) | NO SCHOOL |
| Choose 1 or more | *Corn (17g) **Black beans (22g) | *Potato of Choice (14-37g) *Green Beans (5g) | *Steamed Cabbage (3g) | *Steamed Broccoli (2g) | |

WEEK 4

SPRING BREAK March 30 – April 6

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots), and 1% low fat white milk (13g) or fat-free chocolate milk (24g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. **Meatless food item is available at lunch daily. No pork, seafood or nut products offered. Menu subject to change. This institution is an equal opportunity provider. Revised 1/16//2018