



COLUMBUS CITY SCHOOLS ELEMENTARY GRADES PreK-6 MAY/JUNE 2017 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/22 Sweet Potato Swirl Roll (33g)	5/23 Egg and Cheese Bosco Stick (17g)	5/24 Maple Mini Pancakes (39g)	5/25 Turkey Sausage Breakfast Pizza (31g)	5/26 Bagel with Cream Cheese (28g)
5/29 MEMORIAL DAY - NO SCHOOL	5/30 Mini Cinnamon Toast (37g)	5/31 Turkey Sausage Pancake Wrap (17g)	6/1 Maple Waffles (38g)	6/2 NO SCHOOL
<p>CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST: Assorted Cereal (22-25g) or Graham Cracker (19g) or Yogurt (15g) or Cheese Stick (1g) Orange juice (14g) and apple juice (14g) are offered daily with breakfast. A variety of fresh fruits, and a choice of 1% low fat white milk (13g), or skim chocolate milk (24g) are offered at breakfast and at lunch. Grams of carbohydrate for each food are listed in parenthesis (g).</p>			<p>Vegetables are offered daily and legumes weekly at lunch. **Sliced wheat bread (12g) offered with lunch entree. <> Meatless item A complete breakfast and lunch are FREE to every student!! Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. Revised 4/14/2017</p>	
LUNCH				
5/22 Chipotle Chicken Gordita (35g) Hamburger on Bun (20g) Soy Butter & Jelly Sandwich (55g) <> Baked Beans (30g) <>	5/23 BBQ Beef Rib Patty on Bun (29g) Cheese Pizza (30g) <> **Turkey Wrap (14-16g) & BBQ sauce (4g) Corn (17g)	5/24 Ohio Day Pizza Burger on Bun (24g) Teriyaki Chicken on Bun (40g) Soy Butter & Grape Jelly Sandwich (55g) <>	5/25 Hamburger/Bun (20g) Cheese Pizza (30g) <> **Chicken Fajita and Cheese Wrap (15g) Mixed Veggies-carrot, pea, green bean, lima bean, & corn (9g)	5/26 Chicken Patty on Bun (29g) Toasted Cheese Sandwich (24g) <> **Turkey Wrap (14-16g) & BBQ sauce (4g)
5/29 MEMORIAL DAY - NO SCHOOL	5/30 **Chicken Drumstick (5g) Cheese Pizza (30g) <> **Turkey Wrap (14-16g) & BBQ sauce (4g) Baked Beans (30g) <>	5/31 Cook's Choice Soy Butter & Grape Jelly Sandwich (55g) <>	6/1 Assorted Sandwiches (14-55g) with Picnic Cold Pack	6/2 NO SCHOOL



Have an awesome summer!