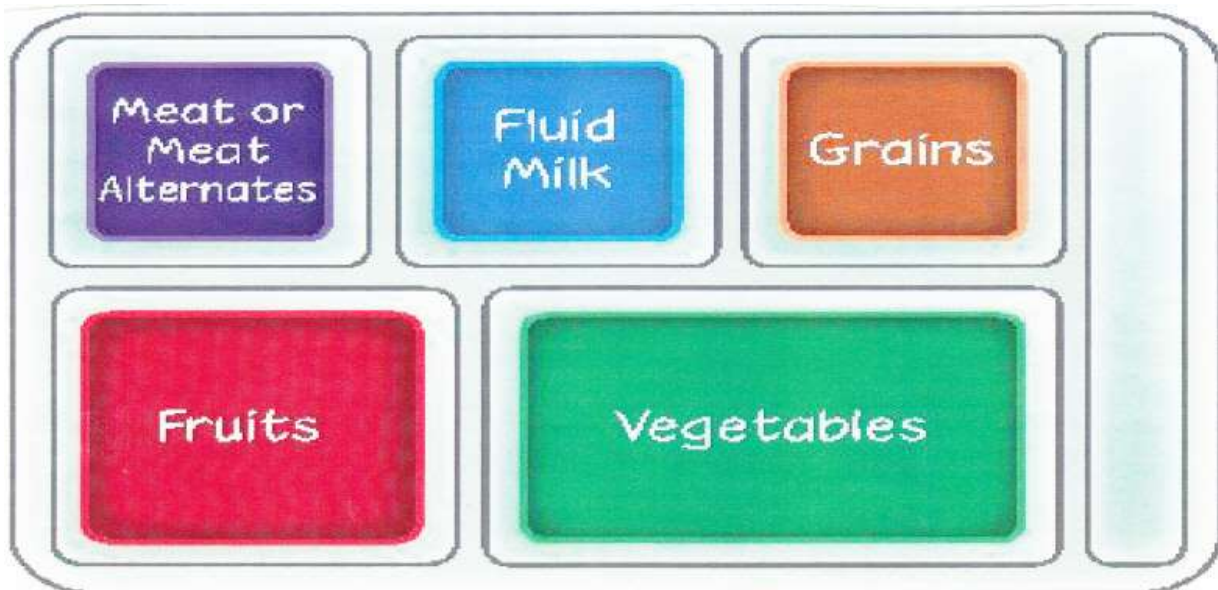




Parent Handbook for the School Meal Programs

Columbus City Schools



Food Services Mission Statement

Working together to provide meals that nourish and stimulate the mind and body of every student to enhance learning in a global community.

Food Services Department Contacts

Joe Brown, Director 614-365-5769

Administrative Assistant 614-365-5671

Jeannine Marcum, Dietitian 614-365-5318

Mailing/Physical Address:

450 East Fulton Street

Columbus, Ohio 43215

Columbus City Schools provides a free breakfast and lunch to each student during a school day under the Community Eligibility Provision of the United States Department of Agriculture (USDA).



Check with your school for exact serving times. Our school meals follow the National School Breakfast and Lunch Programs.

Meals, snacks, and beverages sold or served at our schools meet state and federal requirements which are based on the USDA Dietary Guidelines.

For monthly school menus, check online at our Food Services webpage on the Columbus City Schools website.

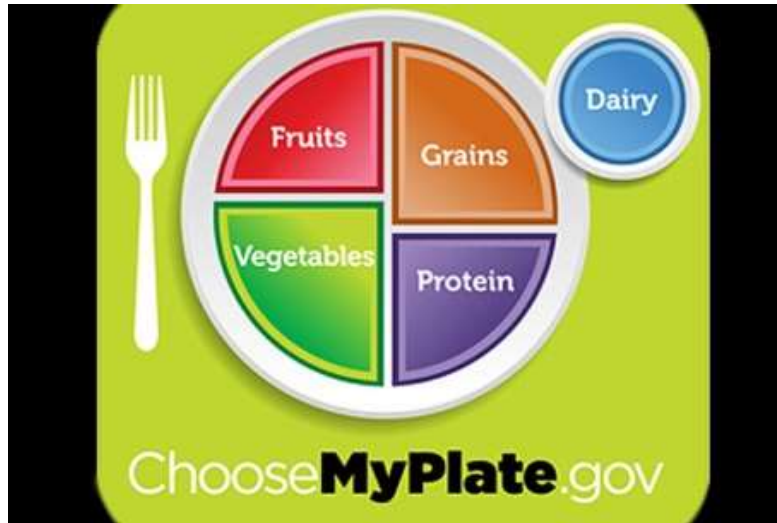
What is Included in a Free Breakfast or Lunch?

A school breakfast must include a minimum of three food items (one item **MUST** be a fruit or 100% fruit juice).

A school lunch must include a minimum of three food components (food groups). A fruit or vegetable **MUST** be selected.

If a complete meal is **NOT** selected, a student will be charged a la carte pricing. Students may pay for a la carte items in addition to their meal.

For a full listing of a la carte food prices visit our webpage.



Our school menus are planned so that a student meal meets about 1/4 of the Recommended Dietary Allowance at breakfast and 1/3 of this allowance at lunch. Food Services serves USDA foods and purchased food products.

School Menu Restrictions Currently in Place:

Schools with Pre-K through 6 and K-8

- Nut products, seafood, and pork are not offered.

Middle Schools and Buildings with Grades 6-12 or 7-12

- Seafood and pork are not offered.

Food Allergies

The school nurse notifies the cafeteria of any student with food allergies. A copy of the healthcare provider's medical statement describing the food allergies is kept on file in the Food Services department and entered on our cash register system and/or dietary notes to alert school staff.

A written statement from a health care professional is requested in order to receive fruit juice instead of milk at lunch.

Please contact the school nurse if your child has any food allergies or special needs.

This institution is an equal opportunity provider.