



**ELEMENTARY GRADES PreK-6
March/April 2018 BREAKFAST /LUNCH MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
♥ 3/5 Grape-Filled Crescent Roll (35g)	♥ 3/6 Mini Cinnis (39g) + Dragon Punch 100% juice (13g)	♥ 3/7 Turkey Sausage and Cheese in Pita (15g)	♥ 3/8 Ohio Day Yogurt Parfait (41-44g)	♥ 3/9 Maple or Blueberry Pancakes (35g)
3/12 Beef Sausage on Bun (20g) Đ	3/13 Cinnamon French Toast (37g)	3/14 Turkey Sausage Breakfast Pizza (31g)	3/15 Maple Waffles (38g)	3/16 Strawberry Pancakes (40g)
3/19 Sweet Potato Swirl Roll (33g)	3/20 Maple Pancakes (39g)	3/21 Mini Cinnis (39g)	3/22 Turkey Sausage Pancake Wrap (17g) Đ	3/23 Bagels with Strawberry Creamy Cheese (41g)
3/26 Beef Sausage on Bun (20g) Đ	3/27 Cinnamon French Toast (37g)	3/28 Turkey Sausage Breakfast Pizza (31g)	3/29 Maple Waffles (38g)	3/30 NO SCHOOL
<p>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST: Assorted Cereal (20-26g) or Graham Cracker (19g) or Yogurt (15g) or Cheese Stick (1g) Orange juice (14g) and apple juice (14g) are offered at breakfast. Fresh fruits and a choice of 1% low fat white milk (13g), or skim chocolate milk (24g) are offered at breakfast/lunch. Vegetables offered daily and legumes weekly at lunch.</p>		<p>Grams of carbohydrate for each food are listed as (g). *Sliced wheat bread (12g) offered with entree. <> Meatless entree Đ Dairy-free entree A complete breakfast and lunch are FREE to every student!! Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. ♥ National School Breakfast Week Revised 1/25/2018</p>		
LUNCH				
3/5 Cheese Pizza (30g) <> Hamburger on Bun (20g) Đ *Chicken Fajita and Cheese Wrap (15g) Corn (17g)	3/6 *Cheeseburger Meatloaf on Bread (20g) Turkey Hot Dog on Bun (26g) Đ for <u>K-6 ONLY</u> Sun Butter (14g) & Bagel (26g)<> Đ Baked Beans (30g) <>	3/7 *Chicken Dippers (1g) Đ Turkey Sausage & French Toast Sticks (39g) Soy Butter & Grape Jelly Sandwich (55g) <>	3/8 Hamburger/Bun (20g) Đ Pepperoni Pizza (30g) *Garden Salad with Egg & Cheese (4g) <> Mixed Veggies -carrot, pea, green bean, lima bean, & corn (9g)	3/9 Chicken Patty on Bun (29g) Đ Toasted Cheese Sandwich (24g) <> *Turkey Wrap (14-16g) & BBQ sauce (4g) Đ
3/12*Chicken Nuggets (13g) Đ Cheese & Bean Enchilada (42g) <> *Cheddar Bits (0g) & Tortilla Strips (23g) <>	3/13*Chicken Drumstick (5g) Đ Cheese Pizza (30g) <> Sun Butter (14g) & Bagel (26g)<> Đ Baked Beans (30g) <>	3/14 BBQ Beef Rib on Bun (43g) Turkey Hot Dog on Bun (26g) Đ for <u>K-6 ONLY</u> Soy Butter & Grape Jelly Sandwich (55g) <>	3/15 * Walking Taco (27g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> *Turkey Wrap (14-16g) & BBQ sauce (4g) Đ	3/16 Hamburger/Bun (20g) Đ Veggie Burger with Cheese on Bun (40g) <> Soy Butter & Grape Jelly Sandwich (55g) <> Potato Wedges (14g)
3/19 Cheese Pizza (30g) <> Hamburger on Bun (20g) Đ *Chicken Fajita and Cheese Wrap (15g) Corn (17g)	3/20 *Cheeseburger Meatloaf on Bread (20g) Turkey Hot Dog on Bun (26g) Đ for <u>K-6 ONLY</u> Sun Butter (14g) & Bagel (26g)<> Đ Baked Beans (30g) <>	3/21 *Chicken Dippers (1g) Đ Turkey Sausage & French Toast Sticks (39g) Soy Butter & Grape Jelly Sandwich (55g) <>	3/22 Hamburger/Bun (20g) Đ Pepperoni Pizza (30g) *Garden Salad with Egg & Cheese (4g) <> Mixed Veggies -carrot, pea, green bean, lima bean, & corn (9g)	3/23 Chicken Patty on Bun (29g) Đ Toasted Cheese Sandwich (24g) <> *Turkey Wrap (14-16g) & BBQ sauce (4g) Đ
3/26 *Chicken Nuggets (13g) Đ Cheese & Bean Enchilada (42g) <> *Cheddar Bits (0g) & Tortilla Strips (23g) <>	3/27 *Chicken Drumstick (5g) Đ Cheese Pizza (30g) <> Sun Butter (14g) & Bagel (26g)<> Đ Baked Beans (30g) <>	3/28 BBQ Beef Rib on Bun (43g) Turkey Hot Dog on Bun (26g) Đ for <u>K-6 ONLY</u> Soy Butter & Grape Jelly Sandwich (55g) <>	3/29 * Walking Taco (27g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> *Turkey Wrap (14-16g) & BBQ sauce (4g) Đ	3/30 NO SCHOOL