

Olde Orchard Alternative



NEWSLETTER

September | Issue 1 | Date: August 30, 2019

BE THE PANDA

Welcome, Olde Orchard Families! This year our school theme is "Be the Panda." *Be the Panda* means we walk, talk, demonstrate, and live the Panda Pride Promise:

I promise to

Be respectful and kind

Be responsible

Be ready to learn and

Be safe and in control

The *Panda Pride Promise* was

developed to encourage students and staff to be the best they can be so they are successful not only in school but also in life. We encourage families to talk with students about what Being the Panda means.

You'll find this year's theme on Olde Orchard's 2019-20 school shirts. Buy a shirt from the PTO and **Be the Panda inside and out!**



IMPORTANT! Pickup and Dropoff is on Harvest Lane only. Please do not pick up or drop off students in the parking lot. **Parents are never to park, wait, or drive in the Bus Lane at any time.**

Thank you for helping us keep your children safe.

WHAT'S THIS ABOUT AN ACTIVITY FEE?

Your student's **\$15 Activity Fee** goes toward field trip fees and transportation as well as additional academic supplies like experiments and materials. You can find **tutorials** on paying the Activity Fee, creating a Parent Portal account, and other information on the Olde Orchard school website at www.ccsch.us/OldeOrchardES under the **Families** tab and directly at shoppandapride.com/tutorials.

KEY DATES

Sept 2: Labor Day

No School

Sept 6: Bus Safety Day for K-3

For Grades K to 3

Sept 10: Picture Day

Full Uniforms Only Please

Sept 10: PTO Meeting 6-7

First PTO Meeting of the Year

Sept 11: 90 Minute Early Release

Dismissal at 2

Sept 19: Parent Meeting 6-7

Meeting for Kindergarten Families

Sept 26: Open House 6-7

Welcome!

Sept: ESL Parent Night

Information Coming Soon

Oct 10: Grade 1 Field Trip

Slate Run Historical Farm



INTRODUCING OUR NEW PANDA STAFF

MRS. PALMER, ASSISTANT PRINCIPAL

Mrs. Palmer has been with CCS for nineteen years. She spent eight years as a classroom teacher at Eakin and Forest Park ESs, five years as a Math and Science Specialist at Winterset Elementary, four years as an Instructional Coach at Innis ES, and spent last year as a Leadership Intern at Hubbard Elementary. She's a great fit for Olde Orchard and we are super excited about her addition to our school!

MRS. THOMPSON, GRADE 5

Mrs. Thompson has been teaching in Columbus for more than twenty years and she's excited to start a new chapter with Olde Orchard. Her teaching passion is ELA which makes her the perfect fit for Olde Orchard, a Columbus City Schools Literacy School. She loves getting kids excited about reading and communicating through writing and speaking. She's dedicated to hunting down new, high-quality books for young adults, and she's got some great titles to share with fifth graders this year!



WELCOME, NURSE STARR!

Mrs. Tammy L. Starr RN, LSN, BSN has been with CCS for four years. She's been a nurse for eighteen years with fourteen of those years in a hospital setting. We are thankful to have Nurse Starr with us full time this year.

MS. KATT, DIRECTIONS FOR YOUTH

Ms. Katt works for Directions For Youth and Families. She is a licensed social worker and has extensive training in trauma-informed care. With parent permission, she provides counseling with a strength-based approach to children who sometimes struggle with sadness, anxiety, and anger, as well as those with behavioral issues or have experienced trauma. This is her third year at Olde Orchard and she is very excited to be back and partnering with a school that takes into consideration the mental health needs of its students.

MS. WHITMORE, ESL

Please welcome Ms. Whitmore! This is her nineteenth year in the CCS District and she teaches English as a Second Language. Ms. Whitmore has a great team and we're glad to have her start up our first year as an ESL school. Stay tuned for more information about an ESL Parent Night coming soon in September! Interpreters will be onsite.

KEEPING OUR STUDENTS SAFE AND HEALTHY

FROM THE SCHOOL COUNSELOR

Barbara Case is Olde Orchard's school counselor. She is excited to return to our school for her fifth year and looks forward to working with students, families, and teachers.

Mrs. Case works with students through classroom guidance lessons and lunchtime small groups and also meets with individual students. Each month she will include information in the newsletter about helping students be the best they can be, both academically and socially.

Mrs. Case is available to help parents with questions or concerns or those looking for community resources by phone at 614-365-5388 or direct at 380-997-2473, by email at bcase6202@columbus.k12.oh.us, and on Dojo. Please also reach out if you'd like information about a particular topic. She's looking forward to a great year!

DROPOFF, PICKUP, AND LUNCHROOM

Students **cannot** be dropped off before 8:30. There are no teachers on duty to watch them.

Please **notify the office before 2:00 P.M.** on the day of a change if you plan to pick up your child early or otherwise change your regular dismissal procedure so that we may make adjustments in time. Notification should be sent by email to oldeorchardes@columbus.k12.oh.us or by physical note to the office. Dojo messages cannot be accepted. Thank you for working with us to keep your children safe.

As part of our commitment to **healthy eating** at Olde Orchard, please refrain from allowing children to bring candy or pop to school in packed lunches. Large bags of chips are also prohibited.

Many of our students have **serious allergies** and all food items brought to school can only be consumed by the student who packed them. Food items **cannot** be shared.

DFYF

Directions For Youth and Families is a leading resiliency-oriented and trauma-informed agency providing counseling and prevention services including after school and summer programs. Olde Orchard currently participates in the School Connections program with DFYF that consists of individual counseling services for students identified through school personnel or by parent request. Students can be referred for services due to trauma, school concerns, behavioral and emotional concerns, and family conflict or loss. Parents must consent to treatment before a student can start services with DFYF.

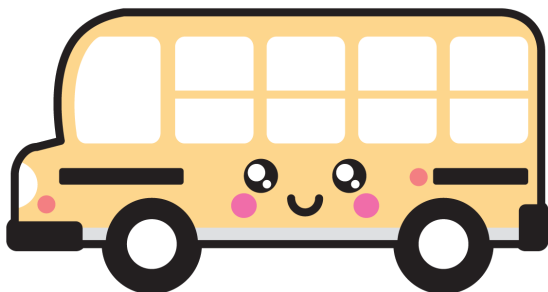


SPECIAL OCCASIONS

Birthdays are special at Olde Orchard and we celebrate with birthday pencils. Please do not send food or balloons to the school on your child's birthday. For our students' safety, please do not send food or candy to school or in lunches for Halloween, Valentine's Day, or any other special occasion either.

SPONSOR A CHILD THIS YEAR

Please take a moment to visit shoppandapride.com/shop/sponsor and donate to provide all the school supplies an Olde Orchard student in need requires for the 2019-20 school year. **Sponsor Packs** are \$43 and come with a free Olde Orchard Spiritwear T-shirt for your student.



FIRST GRADE NEWS

First Grade will be traveling by bus on Thursday, October 10 to Slate Run Historical Farm. Parents, please make sure to pay **your student's activity fee** online as these are used to fund field trips and busing.

Tutorials on paying the activity fee, creating a Parent Portal account, and other information can be found at shoppandapride.com/tutorials or under **Families** at www.ccsoph.us/OldeOrchardES.

P.E. NOTE FROM COACH GATTSHALL

We are up and moving in Physical Education Class. Please make sure all students know their PE day and are dressed to be physically active with athletic shoes and pants or shorts so they can be comfortable moving in different ways.

REMINDERS FOR PARENTS

Columbus City School updates the District app with current situations and notifications regarding Early Dismissal, Beat the Heat messages, bus bulletins, school lunch menus, and other information. Please remember to download the **Columbus City Schools - OH** (Spirit of CCS) official app. It's a helpful communication tool for future CCS updates also.

Olde Orchard is a uniform school. Parents of students not in dress code will be called to bring in proper clothing for school.

Personal bags like fanny packs, mini backpacks, and purses of any kind are **not permitted** at Olde Orchard. Please have your students keep these items at home.

Students need to be on time to school and in school every day. Please encourage your child to come to school ready to learn, dressed in appropriate school uniform, and without prohibited items.

Please be considerate in the **walker/rider pickup line**. Parking on the opposite side of the street and **cutting in line is not permitted**. Parents who do so will be redirected.

Picking up students on the wrong side of the street is a **safety hazard** and is prohibited. Please wait in the **authorized Harvest Lane pickup line** so as to retrieve your child on the side of the street closest to the school.

Home & School

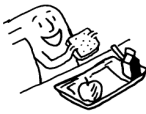
CONNECTION®

Working Together for School Success

September 2019

Olde Orchard Elementary School

Joan Bucy, Principal



SHORT NOTES

Be considerate

Family meals offer plenty of chances for your youngster to practice being considerate. As you serve yourselves food, you might say, "Make sure to leave enough so everyone gets some." Or if there's one piece of chicken left, encourage your child to ask if anyone wants to split it instead of taking the whole thing for himself.

Tired after school?

As your youngster gets used to the routine of a new school year, she may be more tired than usual. Be sure she's getting 9–11 hours of sleep each night. Also, try to keep evenings low-key by not planning too many activities.

Cardboard box "origami"

Before tossing boxes in the recycling bin, use them to build your child's spatial sense and math skills. Have him pull each box apart at the seams and lay it flat. Can he tape it back together? *Idea:* Challenge him to make a mini pizza or cereal box using construction paper and tape.

Worth quoting

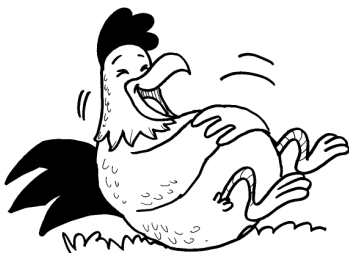
"Look for the helpers. You will always find people who are helping."

Fred Rogers

JUST FOR FUN

Q: How many eggs did the farmer collect from his biggest rooster?

A: Zero. Roosters don't lay eggs!



The ABCs of school success

School success begins at home! While your child is learning her ABCs, 123s, and much more, she can get the year off to a great start with these *other* ABCs.

Attend every day

More time in class = more learning. Help your youngster attend school regularly by scheduling doctor appointments and family vacations outside of school hours. Also, she can cut down on sick days by eating her fruits and vegetables, washing her hands often, and getting plenty of physical activity.

Be organized

Forgotten homework? A backpack that doubles as a black hole? Good organizational skills prevent those problems. Together, brainstorm ways for your child to get—and stay—organized. For instance, she could choose a special folder for bringing home and returning homework and use a zipper bag to store pencils and other supplies.



Check in daily

Designate a time each day to sit down with your youngster, talk about what she did in school, and review papers she brought home. You might read a story she wrote or look over her math test, for example. This simple routine shows her that you care about what she's learning. Plus, you'll notice where she's doing well or if she's struggling with anything so you can follow up with her teacher. ♥

Back to school...for parents

School rules keep students safe and let teachers do their job. Show your youngster that parents can help by following rules—just like he does. Here are a few examples:

- Check in at the office as soon as you enter the school building, and be prepared to show identification.
- If you drive your child to school, be familiar with drop-off and pickup procedures. For instance, stay in your car, obey staff and patrol officers, and help your youngster exit the car quickly and safely.
- Follow rules for sending food to school. Is there a no-peanut policy? Are birthday treats allowed?
- Contact the teacher to arrange visits ahead of time rather than dropping in. ♥





**ELEMENTARY GRADES PreK-6
September 2019 BREAKFAST MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/2 LABOR DAY NO SCHOOL	9/3 Turkey Sausage Breakfast Pizza (22g)	9/4 Confetti Pancakes (36g) <>	9/5 Cinnamon French Toast (37g) <>	9/6 Strawberry Pancakes (40g) <>
9/9 Sweet Potato Swirl Roll (33g) <>	9/10 Maple Pancakes (38g) <>	9/11 Mini Cinnis (39g) <>	9/12 Turkey Sausage Pancake Wrap (17g) D	9/13 Blueberry Waffles (36g) <>
9/16 Cinnamon Toast Crunch Cheese-Filled Bar (40g) <>	9/17 Turkey Sausage Breakfast Pizza (22g)	9/18 Confetti Pancakes (36g) <>	9/19 Cinnamon French Toast (37g) <>	9/20 Strawberry Pancakes (40g) <>
9/23 Sweet Potato Swirl Roll (33g) <>	9/24 Maple Pancakes (38g) <>	9/25 Mini Cinnis (39g) <>	9/26 Turkey Sausage Pancake Wrap (17g) D	9/27 Blueberry Waffles (36g) <>

CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST:
 Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g)
 Orange juice (14g) and apple juice (14g) are offered at breakfast. Fresh fruits and a choice of 1% low fat white milk (13g), or skim chocolate milk (24g) are offered at breakfast/lunch. Vegetables offered daily and legumes weekly at lunch.
A complete breakfast and lunch are FREE to every student!!

Grams of carbohydrate for each food are listed as (g).
 D Dairy-free entrée
 <> Plant-based entrée
 Pork, seafood, and nut-containing products are not offered.
 Menu is subject to change.
 This institution is an equal opportunity provider, employer, and lender.



ELEMENTARY GRADES PreK-6 September 2019 MENU

MONDAY	TUESDAY	LEAN AND GREEN WEDNESDAY	THURSDAY	FRIDAY
9/2 LABOR DAY NO SCHOOL	9/3 Turkey Hot Dog on Bun (21g) D for K-6 ONLY Beef and Bean Burrito (45g) D Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <>	9/4 Cheese & Bean Burrito (40g) <> *Macaroni and Cheese (31g) & *Bread (12g) <> *2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	9/5 Hamburger/Bun (20g) D Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & *Bread (12g) <> Baked Beans (30g) <>	9/6 Chicken Soft Taco (27g) Turkey/Gravy (2g) and Potato (18g) & *Bread (12g) Sun Butter & Jelly & Bagel (49g) <> D Corn (17g)
9/9 Chicken Drumstick (5g) & *Bread (12g) D Turkey Sausage & French Toast Sticks (40g) WOW Soy Butter & Jelly Sandwich (55g) <> Mixed Vegetables (6g)	9/10 Cheese Pizza (27g) <> Turkey Hot Dog on Bun (21g) D for K-6 only Chicken Fajita and Cheese Wrap (19g) & *Bread (12g) Baked Beans (30g) <>	9/11 Dynamite Dippers (25g) & *Bread (12g) <> D Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> D Potato Wedges (14g)	9/12 Ohio Day Meatball Sub (35g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	9/13 Chicken Patty on Bun (29g) D Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <>
9/16 Chicken Nuggets (13g) & *Bread (12g) D Cheese Pizza (27g) <> Turkey Ham & Cheese with Tortilla Strips (25g) & *Bread (12g)	9/17 Turkey Hot Dog on Bun (21g) D for K-6 ONLY Beef and Bean Burrito (45g) D Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <>	9/18 Cheese & Bean Burrito (40g) <> Macaroni and Cheese (31g) & *Bread (12g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	9/19 Hamburger/Bun (20g) D Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & *Bread (12g) <> Baked Beans (30g) <>	9/20 Chicken Soft Taco (27g) Salisbury Steak/Gravy (6g) and Potato (18g) & *Bread (12g) Sun Butter & Jelly & Bagel (49g) <> D Corn (17g)
9/23 Chicken Drumstick (5g) & *Bread (12g) D Turkey Sausage & French Toast Sticks (40g) WOW Soy Butter & Jelly Sandwich (55g) <> Green Beans (4g)	9/24 Cheese Pizza (27g) <> Turkey Hot Dog on Bun (21g) D for K-6 only Chicken Fajita and Cheese Wrap (19g) & *Bread (12g) Baked Beans (30g) <>	9/25 Dynamite Dippers (25g) & *Bread (12g) <> D Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> D Potato Wedges (14g)	9/26 Walking Taco (27g) & *Bread (12g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	9/27 Chicken Patty on Bun (29g) D Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <>

Grams of carbohydrate for each food are listed as (g).
 *Sliced wheat bread offered with entree.
 D Dairy-free entrée
 <> Plant-based entrée
 Pork, seafood, and nut-containing products are not offered.
 Menu is subject to change.
 Revised 8/21/2019

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