

# Pegasus Pulse

*The Monthly Newsletter of Columbus Alternative High School*

**Excellence is the Standard—Not the Exception.**

**It's Our Mindset, Not a Moment.**

**First Week of School Recap Special Edition**



## From the Principal's Desk

Dear CAHS Families,

*We are excited to share that we had a wonderful opening week of school! Our students started the year strong and ended the week celebrating together playing games, hanging out in the courtyard or participating in sports. We kicked off the year learning and practicing our schoolwide policies and procedures, building routines, and beginning to dive into their coursework. It has been energizing to see our classrooms filled with students engaged, prepared, and ready to learn.*

*Thank you for your continued partnership in helping us start the year on such a positive note. We are looking forward to all that we will accomplish together in the weeks ahead.*

*With Pegasus pride,  
CAHS Principal, Michelle Lewis*

**SAVE THE DATE AND SIGN UP**  
*CAHS Chip off the old Block*  
*Open House Tailgate Bash*

Join us for the ultimate tailgate style Open House – meet the hard-working CAHS Team, enjoy snacks, fun, and football vibes! Whether you're repping your team colors or just in it for the snacks and good times, this is where legends are made.

Click here to Sign-up to enter your favorite Dip in our Chip and Dip Competition

 At 6 PM–8PM  
**10 September 2025**

 **2632 McGuffey Road.**

  
**Hosted by Principal Ms. Michelle Lewis**

<https://www.signupgenius.com/go/409094CABA82FA7F94-58221174-cahs#/>

**Flower Sale -CAHS Art Classrooms- Deadline Sept 10th**

<https://app.fundraiseit.org/shop.php?code=2>

## 1st Week Highlights from AP Bryant

*Our CAHSmic scholars were busy building relationships and learning as they settled in during our first week of school. See if you spot yourself in the photos below the highlights! Keep on Exploring Your Excellence!*

*Students worked hard embracing Focus Mode and enjoyed some games together while others created dance moves. Mod 7 lunch had the most students who talked to someone new!*

*In the math department, students collected data and charted relative frequency. Another class worked in small groups, justifying their use of brackets and parenthesis while working with coordinates. Algebra 1 students practiced their 4 step plan with solving multi-step equations.*

*In the science department, students made real world connections in anatomy class. Physical science students created a product to represent lab safety procedures. Biology students had an opportunity to construct convincing arguments about pseudoscience.*

*Students also came together for a student meeting to:*

- have a unified strong start*
- reflect on how they can be a leader at CAHS*
- share what they're nervous about this year (and what they're leaving behind)*
- connect with each other on big audacious goals for their futures*

*Alex: English professor and writer, book titled "Requiem"*

*Tori: Veterinarian, working with cats*

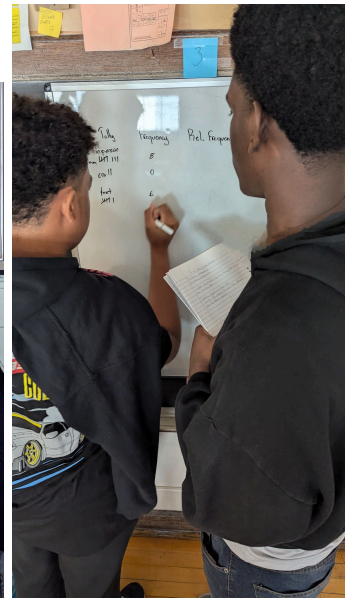
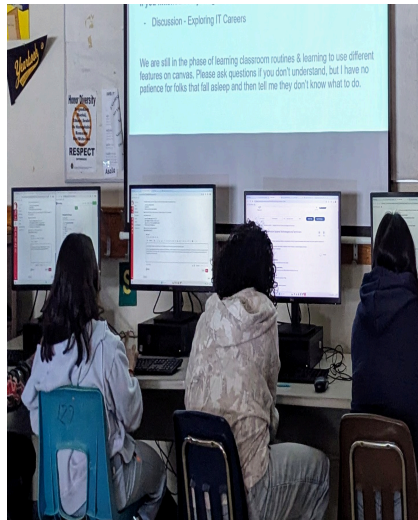
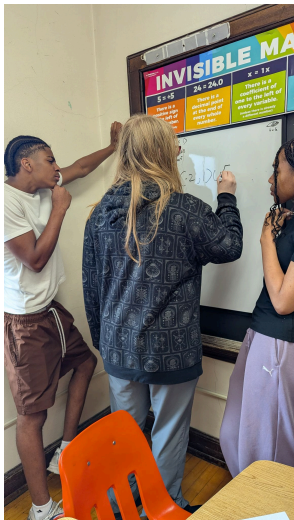
*Brianna: Lawyer*

*James: Musician*

*Matthew: Engineer*

*Melat: Radiologist*

## 🎉 Student Shoutouts-students engaged and ready to learn!



## College & Career Ready

### School Counselors

Last names A-D: Megan Higgins [mhiggins@columbus.k12.oh.us](mailto:mhiggins@columbus.k12.oh.us)

Last names E-Mi: Drew Milligan [cmilligan4382@columbus.k12.oh.us](mailto:cmilligan4382@columbus.k12.oh.us)

Last names Mo-Z: Victoria Goodwin [vgoodwin@columbus.k12.oh.us](mailto:vgoodwin@columbus.k12.oh.us)



**Internship and Work Based Learning Coordinator**, Ms. Samantha Smith [ssmith2@columbus.k12.oh.us](mailto:ssmith2@columbus.k12.oh.us)

**I Know I Can College Advising Manager**, Ms. Brenna Holmes, [bholmes@columbus.k12.oh.us](mailto:bholmes@columbus.k12.oh.us)

**Upcoming College Visits:** More will be scheduled - check SchoolLinks frequently for updates!

- Monday, September 8th, 2025 - Case Western Reserve University (lunch mods)
- Tuesday, September 9th, 2025 - Miami University (lunch mods)
- Friday, September 12th, 2025 - The College of Wooster (lunch mods)
- Monday, September 15th, 2025 - University of Notre Dame (lunch mods)
- Tuesday, September 16th, 2025 - Hamilton College (lunch mods)
- Monday, September 22nd, 2025 - Ohio Wesleyan University (lunch mods)
- Tuesday, September 23rd, 2025 - The Ohio State University (lunch mods)
- Thursday, September 25th, 2025 - Vanderbilt University (lunch mods)
- Monday, September 29th, 2025 - Capital University (lunch mods)
- Tuesday, September 30th, 2025 - Denison University (lunch mods)

### School-Wide Reminders

 **Device Expectations:** Phones away. Eyes up. Engagement on. We're locked in because **focus is our foundation**. Please review our  **CAHS Expectations 25 26 Overview**

Scholars are doing a great job at staying engaged and in FOCUS MODE. Please continue to reinforce all devices are away during the entire school day 7:30-2:30. Students have also been enjoying time together during lunch without their devices. We are so proud of their efforts this week!

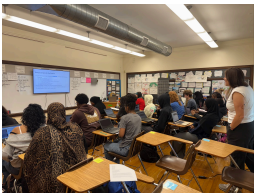


### Arrival and Dismissal


Please be sure to use the small lot for drop off in the AM and pick up in the PM. The large lot is for bus traffic only. This is for safety reasons due to a high volume of students exiting/entering the buses and the flow of traffic.

**Internship is coming in November for all Junior and Seniors on track for graduation.**

Internship and Work Based Learning Coordinator, Ms. Samantha Smith [ssmith2@columbus.k12.oh.us](mailto:ssmith2@columbus.k12.oh.us) was in classrooms this week providing expectations for internship. Please ask your student to explain their first steps 😊



Let us know what you'd like to see in future issues of *Pegasus Pulse*!

 Contact: CAHS Main Email: [CAHS@columbus.k12.oh.us](mailto:CAHS@columbus.k12.oh.us)

Check out our BiWeekly Family Ambassador Newsletters for even more information and updates: Connect with our Family Ambassador Ms. Showalter via email [dshowalter1@columbus.k12.oh.us](mailto:dshowalter1@columbus.k12.oh.us)