

UHC RESOURCES



24/7 VIRTUAL VISITS

Get same - day care

24/7 Virtual Visits are a way to schedule same-day, urgent care visits, so you can talk with a provider 24/7 for common urgent care needs or when your primary care provider (PCP) is not available.



VIRTUAL PRIMARY CARE

See a primary care doctor, virtually

Get regular health visits and checkups with a primary care provider (PCP), without the office visit. You can choose to see a network PCP regularly so the same provider will take care of you over time.

24/7 Virtual Visits cost the same as a physician office visit copay. Learn more by visiting myuhc.com/virtualvisits



VIRTUAL THERAPY

Get caring 1-on-1 support

Get confidential behavioral health care by talking to a psychiatrist or therapist during a virtual visit from the safety and comfort of your home.



VIRTUAL SPECIALTY CARE

Access specialty care more quickly

Virtual specialty care allows you to more quickly access specialty care that's personalized for your specific care needs, such as migraine care.

GET THE MOST OUT OF YOUR BENEFITS

Your personalized website, myuhc.com, features tools designed to help you:

- **Find, price and save on care** — you can save with Virtual Visits and other tools. When you compare costs for providers and services, you can save an average of 36% on healthcare costs.
- **Get care from anywhere** with Virtual Visits. A doctor can diagnose common conditions by phone or video 24/7.
- **Understand your benefits** and the financial impact of care decisions.
- **Find tailored recommendations** regarding providers, products and services. You can even generate an out-of-pocket estimate based on

your specific health plan status.

- **Access claim details**, plan balances and your health plan ID card quickly.
- **Follow through on clinical recommendations** and access wellness programs.
- **Check your plan balances**, access financial accounts and more.



**Activate your
myuhc.com account**

Put your health plan at your fingertips