

Columbus City Schools Curriculum Maps
Grade Band 6-8
Semester (9 week) Plan

Week	Unit	Standard	Assessment
1	PE Fitness	4A/4B	Pacer test/ Muscular Endurance Strength/ Flexibility Homework- Fitness goals and plans
2/3	Invasion games Flag Rugby	1B/2A	Invasion games Passing, receiving, running, scoring, In small sided games
3/4	Finish Rugby unit/ introduce Volleyball unit	1B 5B	Rugby and Volleyball Skills Cooperation with teammates- Volleyball
4	Volleyball unit	1B 2A	Net games Passing, receiving, moving to the ball In small sided games Skill analysis written assignment
5	Golf	1B 5A	Target games Striking, lining up to target, force etc... Safety/ self direction
6/7	Softball/Fielding	1B/2B	Striking, moving to the ball, field position
7/8	Dance	1A 3A/3B	Small group dance steps and performance Physical Activity Pyramid

			Homework- PA plan
8/9	Finish Dance- Physical Activity-plan Speedball	1A 3A/3B	Written Assignment
9	Health-Related Fitness Advocacy	6A- 6B	Written Assignment

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Grade Band 6-8

Semester (18 week) plan

Week	Unit	Standard	Assessment
1	PE Fitness	4A	Pacer test/ Muscular Endurance
2	Fitness	4A/3A	Strength/ Flexibility

			Physical Activity Pyramid
3	Fitness Soccer Unit skills	1B/3B	Physical Activity plan- written work Soccer skills practice
4	Fitness Soccer Tournament	1B/4B	Fitness goals and plan written work Invasion games Soccer skills assessment
5	Football unit skills	1B	Invasion games
6	Football unit Tournament	1B/2A	Invasion games Football skills assessment Decision making/strategies
7	Volleyball unit	1B 5A- 5B	Net games Safety- self directions Cooperation/respect
8	Volleyball Tournament	1B 5A-5B	Net games Skills assessment Safety- self directions Cooperation/respect
9	Strike and target Softball Skills	1B	Field games and target games
10	Softball Tournament	1B	Field games skills assessment
11	Basketball	1B	Invasion games

	Skills and lead-up games		
12	Basketball Tournament	1B	Invasion games Basketball skills assessment
13	Gymnastics and Dance	1A	Practice- Introduction
14	Gymnastics and Dance	1A	Practice
15	Gymnastics and Dance Talent Show	1A	Practice/ perform and assess
16	Olympics	6A/6B	Advocacy
17	Olympics	6A/6B	Advocacy
18	Olympics Written project	6A/6B 2B	Advocacy Written skills analysis