



**ELEMENTARY SCHOOL CLASSROOM MENU GRADES PreK-6**  
**April 2021**

<p><b>TWO AT BREAKFAST:</b> Assorted Cereal (20-25g) or Graham Cracker (19g) and Yogurt (14g) or Cheese Stick (1g)</p>		<p>Lunch entree symbols: Ⓓ = Dairy-free &lt;&gt; = Meatless * bread (12g) or heat-n-serve grain Pork, seafood, and nut-containing products are not offered. Grams of carbohydrate for each food are listed as (g). Ingredient and other nutrition information available <u>online</u> at: CCSOH.US&gt;Food Services and Menus&gt;Itemized Food List Menu is subject to change. This institution is an equal opportunity provider, employer, and lender.</p>		
<p>Apple juice (14g) and fruit are served at breakfast also. 1% low fat white milk (12g) or skim chocolate milk (24g) are offered at meals. A complete breakfast and lunch are FREE to every student!!</p>				
<p><b>4/12</b> Cohort A MONDAY Lunch</p>	<p><b>4/13</b> Cohort A TUESDAY Lunch</p>	<p><b>4/14</b> WEDNESDAY</p>	<p><b>4/15</b> Cohort B THURSDAY Lunch</p>	<p><b>4/16</b> Cohort B FRIDAY Lunch</p>
<ul style="list-style-type: none"> <li>Chicken Nuggets (13g) Ⓓ or</li> <li>Bean Dip (12g) &amp; Cheese (2g) &amp; Tortilla Strips (25g) &amp; *Bread &lt;&gt;</li> </ul>	<ul style="list-style-type: none"> <li>Pepperoni Pizza (28g) or</li> <li>Sun Butter (14g) &amp; Jelly (9g) &amp; Bagel (26g) &lt;&gt; Ⓓ</li> </ul>	<p><b>NO CLASSES AT SCHOOL</b> Pick up 5-day meal pack at a Fuel Up site.</p>	<ul style="list-style-type: none"> <li>Chicken Nuggets (13g) Ⓓ or</li> <li>Bean Dip (12g) &amp; Cheese (2g) &amp; Tortilla Strips (25g) &amp; *Bread &lt;&gt;</li> </ul>	<ul style="list-style-type: none"> <li>Pepperoni Pizza (28g) or</li> <li>Sun Butter (14g) &amp; Jelly (9g) &amp; Bagel (26g) &lt;&gt; Ⓓ</li> </ul>
Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit
<p><b>4/19</b> Cohort A MONDAY Lunch</p>	<p><b>4/20</b> Cohort A TUESDAY Lunch</p>	<p><b>4/21</b> WEDNESDAY</p>	<p><b>4/22</b> Cohort B THURSDAY Lunch</p>	<p><b>4/23</b> Cohort B FRIDAY Lunch</p>
<ul style="list-style-type: none"> <li>Turkey Ham and Cheese on Bun (27g) or</li> <li>Peeps {hard-boiled eggs} (2g) Ⓓ &lt;&gt; &amp; *Bread</li> </ul>	<ul style="list-style-type: none"> <li>Macaroni and Cheese (31g) &amp; Bread &lt;&gt; or</li> <li>Turkey Sticks (0g) &amp; Tortilla Strips (23g) Ⓓ &amp; *Bread</li> </ul>	<p><b>NO CLASSES AT SCHOOL</b> Pick up 5-day meal pack at a Fuel Up site.</p>	<ul style="list-style-type: none"> <li>Turkey Ham and Cheese on Bun (27g) or</li> <li>Peeps {hard-boiled eggs} (2g) Ⓓ &lt;&gt; &amp; *Bread</li> </ul>	<ul style="list-style-type: none"> <li>Macaroni and Cheese (31g) &amp; Bread &lt;&gt; or</li> <li>Turkey Sticks (0g) &amp; Tortilla Strips (23g) Ⓓ &amp; *Bread</li> </ul>
Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit

WEEKS 2 & 3

CCS Food Services 4/14/2021



## ELEMENTARY SCHOOL CLASSROOM MENU GRADES PreK-6

### April/May 2021

<b>TWO AT BREAKFAST:</b> Assorted Cereal (20-25g) or Graham Cracker (19g) and Yogurt (14g) or Cheese Stick (1g)		Lunch entree symbols: D = Dairy-free <> = Meatless * bread (12g) or heat-n-serve grain Pork, seafood, and nut-containing products are not offered. Grams of carbohydrate for each food are listed as (g). Ingredient and other nutrition information available <u>online</u> at: CCSOH.US>Food Services and Menus>Itemized Food List Menu is subject to change. This institution is an equal opportunity provider, employer, and lender.		
Apple juice (14g) and fruit are served at breakfast also. 1% low fat white milk (12g) or skim chocolate milk (24g) are offered at meals.  A complete breakfast and lunch are FREE to every student!!				
4/26 Cohort A MONDAY Lunch	4/27 Cohort A TUESDAY Lunch	4/28 WEDNESDAY	4/29 Cohort B THURSDAY Lunch	4/30 Cohort B FRIDAY Lunch
<ul style="list-style-type: none"> <li>Lasagna Roll Up (37g) &lt;&gt; &amp; *Bread</li> <li>or</li> <li>Peeps {hard-boiled eggs} D &lt;&gt; (2g) &amp; *Bread</li> </ul>	<ul style="list-style-type: none"> <li>Hamburger on Bun (20g) D</li> <li>or</li> <li>Cheese (2g) &amp; Soft Pretzel (30g) &lt;&gt;</li> </ul>	<b>NO CLASSES AT SCHOOL</b> Pick up 5-day meal pack at a Fuel Up site.	<ul style="list-style-type: none"> <li>Cheese Pizza (27g) &lt;&gt; or</li> <li>Peeps {hard-boiled eggs} D &lt;&gt; (2g) &amp; *Bread</li> </ul>	<ul style="list-style-type: none"> <li>Hamburger on Bun (20g) D</li> <li>or</li> <li>Cheese (2g) &amp; Soft Pretzel (30g) &lt;&gt;</li> </ul>
Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit
5/3 Cohort A MONDAY Lunch	5/4 Cohort A TUESDAY Lunch	5/5 WEDNESDAY	5/6 Cohort B THURSDAY Lunch	5/7 Cohort B FRIDAY Lunch
<ul style="list-style-type: none"> <li>Pepperoni Pizza (28g) or</li> <li>Bean Dip (12g) &amp; Cheese (2g) &amp; Cheez-its (14g) &amp; *Bread &lt;&gt;</li> </ul>	<ul style="list-style-type: none"> <li>Grilled Cheese Sandwich (31g) &lt;&gt; or</li> <li>Sun Butter (14g) &amp; Jelly (9g) &amp; Bagel (26g) &lt;&gt; D</li> </ul>	<b>NO CLASSES AT SCHOOL</b> Pick up 5-day meal pack at a Fuel Up site.	<ul style="list-style-type: none"> <li>Pepperoni Pizza (28g) or</li> <li>Bean Dip (12g) &amp; Cheese (2g) &amp; Cheez-its (14g) &amp; *Bread &lt;&gt;</li> </ul>	<ul style="list-style-type: none"> <li>Grilled Cheese Sandwich (31g) &lt;&gt; or</li> <li>Sun Butter (14g) &amp; Jelly (9g) &amp; Bagel (26g) &lt;&gt; D</li> </ul>
Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit

Week 4 & 5