



*Lunch*

Entrée – choose 1	Monday 3/30	Tuesday 3/31	Lean & Green Wed 4/1	Thursday 4/2	Friday 4/3
	*Chicken Enchilada Dip with Tortilla Chips (31g) & Cornbread (29g)  *Pepperoni Pizza (44g)  *Turkey & Cheese Melt (32g)	*Southwest Burger on Bun (26g)  *Chicken and Cheese Taquitos (30g)  *Lasagna (34g) & Breadstick (17g)	**French Bread Cheese Pizza (33g)  **Fiesta Rice and Tortilla Chips (56g)  **Cheese & Bean Enchilada (42g)	*Hot Italian Sub (31g)  *Cheesy Chicken Crunch Wrap (56g)  **Veggie Power Burger (39g) or  Hamburger on Bun (26g)	*Spicy Chicken Tenders (9g) & Cornbread (29g)  **Veggie Pizza (49g) or Cheese Pizza (44g)  *Chili Cheese Coney (26g)
	COLD ENTREES	COLD ENTREES	COLD ENTREES	COLD ENTREES	COLD ENTREES
**Cheese (2g) + Cinnamon Roll (36g) + Fruit	**Egg Salad on Croissant (32g)	**Yogurt Parfait (72-91g) & Muffin (26-29g)	**Egg Combo (34-59g)	*Cobb Salad (12g) & Cornbread (29g)	
Choose 1 or more	*Corn (17g)  *Steamed Broccoli (2g)  **Garbanzo beans (20g)	*Green Beans (5g)  *Hot Apple Slices (22g)	*Ohio Day Sweet Potato Fries (36g)  *Collard Greens (4g)	**Baked Beans (28g)	

WEEK 1

Entrée – choose 1	Monday 4/6	Tuesday 4/7	Lean & Green Wed 4/8	Thursday 4/9	Friday 4/10	
	*Spicy Chicken Patty on Bun (34g)  *Pepperoni Pizza (44g)  *Taco Salad with Tortilla Chips (29g) & Cornbread (29g)	*Salisbury Steak on Bun (34g)  *Chicken Corn Dog (25g)  **Cheese Stuffed Breadsticks/ Spaghetti Sauce (37g)	**Curry over Rice (50g) & Muffin (26-29g)  **Mighty Nachos (50g)  **French Toast Sticks with Egg (59g)	*Chicken and Noodles (33g) & Cornbread (29g)  **Toasted Cheese Sandwich (34g)  *Cheeseburger on Bun (27g)		
	COLD ENTREES	COLD ENTREES	COLD ENTREES	COLD ENTREES	NO SCHOOL	
**Yogurt, Sunflower Seed & Craisins (52-53g) & Grahams (38g)	*Crispy Chicken Salad (27g) & Muffin (26-28g)	**Yogurt Parfait (72-91g) & Muffin (26-29g)	*Italian Salad (9g) & Breadstick (17g)			
Choose 1 or more	*Corn (17g)  **Black beans (22g)	* Potato of Choice (13-24g)  *Brussels Sprouts (7g)	*Green Beans (5g)  *Hot Peach Slices (28g)	* Potato of Choice (14-23g)  * Steamed Broccoli (2g)		

WEEK 2

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots); students may have as many fresh fruits and vegetables that they would like to eat. A choice of 1% low fat white milk (13g) or fat-free chocolate milk (22g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. \*\*Meatless food item is available at lunch daily. No pork or seafood offered. Menu subject to change. This institution is an equal opportunity provider, employer, and lender. Revised 3/12/2020



<b>Entrée – choose 1</b>	<b>Monday 4/13</b>	<b>Tuesday 4/14</b>	<b>Lean &amp; Green Wed 4/15</b>	<b>Thursday 4/16</b>	<b>Friday 4/17</b>
	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
<b>Choose 1 or more</b>					

<b>Entrée – choose 1</b>	<b>Monday 4/20</b>	<b>Tuesday 4/21</b>	<b>Lean &amp; Green Wed 4/22</b>	<b>Thursday 4/23</b>	<b>Friday 4/24</b>
	*Cook's Choice *Pepperoni Pizza (44g) *Turkey Sausage & French Toast Sticks (58g)	**Cheese & Bean Enchilada (42g) **Macaroni-n-Cheese (25g) & Cornbread (29g) *Chicken Patty on Bun (34g)	**Veggie Pasta Bake (41g) & Breadstick (17g) **Blazin' Buffalo Wrap (51g) **Vegetable Egg Roll (22g) & Egg Fried Rice (29g)	*Hamburger on Bun (26g) *Turkey Divan (35g) & Cornbread (29g) *Hot & Spicy Chicken Drumstick (6g) & Biscuit (27g)	**Spicy Chicken Tenders (9g) & Cornbread (29g)  **Veggie Pizza (49g) or Cheese Pizza (44g) *Fiesta Nachos (37g)
	<b>COLD ENTREES</b> **Cheese (2g) + Cinnamon Roll (36g) + Fruit	<b>COLD ENTREES</b> **Egg Combo (34-59g)	<b>COLD ENTREES</b> **Yogurt Parfait (72-91g) & Muffin (26-29g)	<b>COLD ENTREES</b> **Veg Out Wrap (44g)	<b>COLD ENTREES</b> *Turkey Ham & Cheese Sub (32g)
<b>Choose 1 or more</b>	*Corn (17g)	*Potato of Choice (15-23g) *Collard Greens (4g)	*Green Beans (5g) *Hot Apple Slices (22g)	*Potato of Choice (13-24g) *California Mixed Vegetables (3g)	*Steamed Broccoli (2g) **Black beans (22g)

WEEK 3

**SPRING BREAK APRIL 10-17**

**QR Code for CCS Food Services Student Survey**



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