

	Monday 4/11	Tuesday 4/12	Lean & Green Wed 4/13	Thursday 4/14	Friday 4/25
Entrée – choose 1	*Chicken Patty on Bun (34g) *Pepperoni Pizza (34g) *Cook's Choice	*Salisbury Steak on Bun (36g) *Cook's Choice **Cook's Choice (vegetarian)	**Chik'N Parmesan Sub (55g) **Mighty Nachos (50g) **French Bread Cheese Pizza (33g)	**Toasted Cheese Sandwich (36g) *Cheeseburger on Bun (27g) *Cook's Choice	NO SCHOOL
	COLD ENTREES *Turkey & Cheese Sub (29g) **Yogurt, Sunflower Seed & Craisins & Grahams (88-89g)	COLD ENTREES *Buffalo Chicken Wrap (32g) *Crispy Chicken Salad (27g) & Muffin (26-29g)	COLD ENTREES **Super Garden Salad (33g) & Muffin (26-29g) **Yogurt Parfait (49-67g) & Muffin (26-29g)	COLD ENTREES **Macaroni Salad with Egg (27g) *Italian Salad (8g) & Cornbread (32g)	
Choose 1 or more	*Corn (14g) **Black beans (21g)	*Potato of Choice (19-23g) *Brussels Sprouts (4g)	*Green Beans (3g) *Hot Cinnamon Peaches (27g)	*Tomato Soup (15g) and Crackers (14g) *Steamed Broccoli (2g)	


WEEK 2

SPRING BREAK  SCHOOLS CLOSED APRIL 15-22

	Monday 4/25	Tuesday 4/26	Lean & Green Wed 4/27	Thursday 4/28	Friday 4/29
	*Cheeseburger on Bun (27g) *Pepperoni Pizza (34g) *Chicken Fried Rice (54g)	*Chicken Boneless Wings (15g) & Dinner Roll (16g) **Cook's Choice (vegetarian) *Turkey Sausage & French Toast Sticks (59g)	**Oriental Stir Fry over Rice (54g) **Veggie Power Burger on Bun with BBQ (44g) or Cheese (40g) **French Bread Cheese Pizza (33g)	**Cheese & Bean Enchilada (42g) *Chicken Drumstick & Waffle (35g) *Cook's Choice	*Salisbury Steak on Bun (36g) **Veggie Pizza (39g) or Cheese Pizza (34g) *Cook's Choice
	COLD ENTREES *Buffalo Chicken Wrap (32g) **Yogurt, Sunflower Seeds, Craisins & Grahams (88-89g)	COLD ENTREES **Veg Out Wrap (41g) *Chef Salad (16g) & Cornbread (32g)	COLD ENTREES **Macaroni Salad with Egg (27g) **Yogurt Parfait (49-67g) & Muffin (26-29g)	COLD ENTREES *Turkey Ham & Cheese Wrap (33g) *Italian Salad (8g) & Cornbread (32g)	COLD ENTREES *Turkey & Cheese Sub (29g) *Crispy Chicken Salad (27g) & Muffin (26-28g)
Choose 1 or more	*Steamed Cabbage (3g) **Black beans (21g)	*Potato of Choice (19-23g) *Green Beans (3g)	*Corn (14g) *Hot Cinnamon Peaches (27g)	*Steamed Broccoli (2g)	*Italian Mixed Vegetables – (6g) zucchini, carrot, cauliflower, Italian green bean & lima bean

WEEK 4

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots); students may have as many fresh fruits and vegetables that they would like to eat. A choice of 1% low fat white milk (13g) or fat-free chocolate milk (22g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. **Vegetarian high protein food item is available at lunch daily. No pork or seafood offered. Menu subject to change. This institution is an equal opportunity provider, employer, and lender. Revised 3/25/2022

	Monday 5/2	Tuesday 5/3	Lean & Green Wed 5/4	Thursday 5/5	Friday 5/6
Entrée – choose 1	*Chicken Enchilada Dip with Tortilla Chips (30g) & Dinner Roll (16g) *Pepperoni Pizza (34g) *Turkey & Cheese Melt (32g)	*Cook's Choice *Chicken and Cheese Taquitos (30g) *Cook's Choice	**Fiesta Rice and Tortilla Chips (57g) **Cheese & Bean Enchilada (42g) **French Bread Cheese Pizza (33g)	*Hot Italian Sub (31g) *Cheesy Chicken Crunch Wrap (52g)  *Ohio Day Coney (26g)	*Chicken Tenders (12g) & Dinner Roll (16g) **Veggie Pizza (39g) or Cheese Pizza (34g) *Cook's Choice
	COLD ENTREES *Turkey Ham & Cheese Wrap (33g) **Cheese (2g) + Cinnamon Roll (36g) + Fruit	COLD ENTREES *Turkey & Cheese Sub (29g) **Citrus Salad (42g) & 2 Dinner Rolls (32g)	COLD ENTREES **Sun Butter Grab-n-Go (71-78g) **Yogurt Parfait (49-67g) & Muffin (26-29g)	COLD ENTREES **Egg Combo (33-59g) *Chef Salad (16g) & Cornbread (32g)	COLD ENTREES *Chicken Wrap (40g) **Veg Out Wrap (41g)
Choose 1 or more	*Corn (14g) **Garbanzo beans (20g)	*Potato of Choice (19-23g) *Steamed Broccoli (2g)	*Green Beans (5g) *Hot Cinnamon Apples (22g)	*Potato of Choice (19-23g) *Ohio Day Roasted Carrots (4g)	**Baked Beans (28g)

WEEK 1

	Monday 5/9	Tuesday 5/10	Wed 5/11	Thursday 5/12	Friday 5/13
Entrée – choose 1	*Chicken Patty on Bun (34g) *Pepperoni Pizza (34g) *Cook's Choice	*Salisbury Steak on Bun (36g) *Cook's Choice **Cook's Choice (vegetarian)	**Chik'N Parmesan Sub (55g) **Mighty Nachos (50g) **French Bread Cheese Pizza (33g)	**Toasted Cheese Sandwich (36g) *Cheeseburger on Bun (27g) *Cook's Choice	*Chicken Tenders (12) & Dinner Roll (16g) **Veggie Pizza (39g) or Cheese Pizza (34g) *Cheese and Chicken Burrito (50g)
	COLD ENTREES *Turkey & Cheese Sub (29g) **Yogurt, Sunflower Seed & Craisins & Grahams (88-89g)	COLD ENTREES *Buffalo Chicken Wrap (32g) *Crispy Chicken Salad (27g) & Muffin (26-29g)	COLD ENTREES **Super Garden Salad (33g) & Muffin (26-29g) **Yogurt Parfait (49-67g) & Muffin (26-29g)	COLD ENTREES **Macaroni Salad with Egg (27g) *Italian Salad (8g) & Cornbread (32g)	COLD ENTREES *Turkey Ham & Cheese Wrap (33g) *Chef Salad (16g) & Cornbread (32g)
Choose 1 or more	*Corn (14g) **Black beans (21g)	*Potato of Choice (19-23g) *Brussels Sprouts (4g)	*Green Beans (3g) *Hot Cinnamon Peaches (27g)	*Tomato Soup (15g) and Crackers (14g) *Steamed Broccoli (2g)	*Mixed Vegetables – corn, peas, carrots, green & lima beans (9g)

WEEK 2

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots); students may have as many fresh fruits and vegetables that they would like to eat. A choice of 1% low fat white milk (13g) or fat-free chocolate milk (22g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. **Vegetarian high protein food item is available at lunch daily. No pork or seafood offered. Menu subject to change. This institution is an equal opportunity provider, employer, and lender. Revised 3/25/2022