



March 2019

National School Breakfast Week

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3/4 Choose One</p> <p> Peach Cobbler Biscuit (31g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>3/5 Choose One</p> <p> Sunrise Egg/Cheese Calzone (42g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>3/6 Choose One</p> <p> Ohio Day Blueberry Cinnamon Cheesy Breadstick (24g) Apple Blueberry Chip Bar (48g)</p>	<p>3/7 Choose One</p> <p> Cinnamon Pancakes (35g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>3/8 Choose One</p> <p> Apple-Filled Jammer (41g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p>3/11 Choose One</p> <p>Cinnabar (45g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>3/12 Choose One</p> <p>Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>3/13 Choose One</p> <p>Turkey Sausage & Cheese on Biscuit (27g) Apple Blueberry Chip Bar (48g)</p>	<p>3/14 Choose One</p> <p>Yogurt Parfait (63-78g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>3/15 Choose One</p> <p>Assorted Pancakes (36-40g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p>3/18 Choose One</p> <p>French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)</p>	<p>3/19 Choose One</p> <p>Turkey Ham/Egg/Cheese Croissant (29g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>3/20 Choose One</p> <p>Turkey Sausage, Egg, & Cheese Pancake Sandwich (32g) Apple Blueberry Chip Bar (48g)</p>	<p>3/21 Choose One</p> <p>Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>3/22 Choose One</p> <p>Grape-Filled Crescent Roll (35g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p>3/25</p> <p>NO SCHOOL</p>	<p>3/26 Choose One</p> <p>Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>3/27 Choose One</p> <p>Turkey Sausage & Cheese on Biscuit (27g) Apple Blueberry Chip Bar (48g)</p>	<p>3/28 Choose One</p> <p>Yogurt Parfait (63-78g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>3/29 Choose One</p> <p>Assorted Pancakes (36-40g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p>NO PORK OR NUT PRODUCTS OFFERED.</p> <p>NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.</p>	<p>This institution is an equal opportunity provider.</p> <p>Menu is subject to change.</p> <p>Rev 1/30/2019</p>	<p>A variety of fresh fruits, choice of 1% low fat white milk (13g), skim chocolate milk (24g), orange juice (14g), and apple juice (14g), are offered daily with breakfast.</p> <p>CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST:</p> <ul style="list-style-type: none"> Assorted Cereals (20-27g) Cheese Stick (1g) Cinnamon Roll (20g) Graham Cracker (19g) Hard Boiled Egg (1g) Muffins (26-28g) Yogurt (14-16g) 		