



**SEPTEMBER 2018**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<p>9/3</p> <p><b>LABOR DAY NO SCHOOL</b></p>	<p><b>9/4 Choose One</b> Egg/Cheese and Salsa Wrap (38g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/5 Choose One</b> Turkey Sausage, Egg, &amp; Cheese Pancake Sandwich (32g) Apple Blueberry Chip Bar (48g)</p>	<p><b>9/6 Choose One</b> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/7 Choose One</b> Grape-Filled Crescent Roll (35g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p><b>9/10 Choose One</b> Cinnabar (45g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/11 Choose One</b> Egg &amp; Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/12 Choose One</b> Turkey Sausage &amp; Cheese Pancake Sandwich (31g) Apple Blueberry Chip Bar (48g)</p>	<p><b>9/13 Choose One</b> Yogurt Parfait (63-78g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/14 Choose One</b> Assorted Pancakes (36-40g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p><b>9/17 Choose One</b> French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/18 Choose One</b> Egg/Cheese and Salsa Wrap (38g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/19 Choose One</b> Turkey Sausage, Egg, &amp; Cheese Pancake Sandwich (32g) Apple Blueberry Chip Bar (48g)</p>	<p><b>9/20 Choose One</b> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/21 Choose One</b> Grape-Filled Crescent Roll (35g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p><b>9/24 Choose One</b> Cinnabar (45g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/25 Choose One</b> Egg &amp; Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/26 Choose One</b> Turkey Sausage &amp; Cheese Pancake Sandwich (31g) Apple Blueberry Chip Bar (48g)</p>	<p><b>9/27 Choose One</b> Yogurt Parfait (63-78g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p><b>9/28 Choose One</b> Assorted Pancakes (36-40g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p>NO PORK OR NUT PRODUCTS OFFERED.</p> <p>NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.</p>	<p>This institution is an equal opportunity provider.</p> <p>Menu is subject to change.</p> <p>Rev 6/28/2018</p>	<p>A variety of fresh fruits, choice of 1% low fat white milk (13g), skim chocolate milk (24g), orange juice (14g), and apple juice (14g), are offered daily with breakfast.</p> <p><b>CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST:</b></p> <p>Assorted Cereals (20-27g) Cheese Stick (1g) Cinnamon Roll (20g) Graham Cracker (19g) Hard Boiled Egg (1g) Muffins (26-28g) Yogurt (14-16g)</p>		