



Special Diets for Students

To accommodate students with special dietary needs due to a medical condition, the parent needs to:

- Contact the school nurse.
- Provide the school district with a completed Special Diet Order Form.
- The healthcare provider completes the order form describing the student's special dietary needs.
- Give the diet order form to the school nurse.

After the completed diet order is received, the district dietitian is sent a copy of it to write an individualized school menu for the student, as needed.

Federal regulations require National School Lunch Program schools to make menu substitutions on a case-by-case basis to the standard meal requirements for students who are considered disabled and whose disability restricts their diet.

School Menu Restrictions Currently in Place:

Pre-K and Elementary Schools grades K-6 and Buildings with Grades K-8

- Nut products, seafood and pork are not offered

Middle Schools, and Buildings with Grades 6-12 or 7-12

- Seafood or pork are not offered

NOTE: If a student has a severe nut allergy and they CANNOT eat food items that are manufactured using shared equipment or in the same facility that processes nuts – **PLEASE NOTE** - CCS purchases foods from manufacturers that may share equipment, and may use the same facilities that process nuts!

Menu subject to change.