

**ELEMENTARY GRADES PreK-6**  
**April 2019 BREAKFAST /LUNCH MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/1 Sweet Potato Swirl Roll (33g)	4/2 Maple Pancakes (38g)	4/3 Mini Cinnis (39g)	4/4 Turkey Sausage Pancake Wrap (17g) D	4/5 Bagels with Strawberry Creamy Cheese (41g)
4/8 Grape-Filled Crescent Roll (35g)	4/9 Cinnamon French Toast (37g)	4/10 Confetti Pancakes (36g)	4/11 Blueberry Waffles (36g)	4/12 Strawberry Pancakes (40g)
4/15 Sweet Potato Swirl Roll (33g)	4/16 Maple Pancakes (38g)	4/17 Mini Cinnis (39g)	4/18 Turkey Sausage Pancake Wrap (17g) D	4/19 NO SCHOOL
4/22 NO SCHOOL	4/23 NO SCHOOL	4/24 NO SCHOOL	4/25 NO SCHOOL	4/26 NO SCHOOL


**CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST:**  
Assorted Cereal (20-26g) or Graham Cracker (19g) or Yogurt (15g) or Cheese Stick (1g)  
Orange juice (14g) and apple juice (14g) are offered at breakfast. Fresh fruits and a choice of 1% low fat white milk (13g), or skim chocolate milk (24g) are offered at breakfast/lunch. Vegetables offered daily and legumes weekly at lunch.  
**A complete breakfast and lunch are FREE to every student!!**

Grams of carbohydrate for each food are listed as (g).  
\*Sliced wheat bread (12g) offered with entree.  
D Dairy-free entrée  
<> Plant-based entrée  
**VEGGIE POWERED MEALS EVERY MONDAY!**  
Pork, seafood, and nut-containing products are not offered.  
Menu is subject to change.  
This institution is an equal opportunity provider.



Revised 3/29/2019

**LUNCH**

4/1 *Dynamite Dippers (25g) <> D Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> D Potato Wedges (14g)	4/2 Cheeseburger Meatloaf on Bun (28g) Turkey Hot Dog on Bun (26g) D for K-6 ONLY *Yogurt with Granola & Cheese Stick (30-34g) <>	4/3 *Chicken Nuggets (13g) D Cheese Pizza (30g) <> *Turkey Ham & Cheese with Tortilla Strips (25g)	4/4  Hamburger/Bun (20g) D Pepperoni Pizza (30g) *Garden Salad with Egg & Cheese (4g) <> Baked Beans (30g) <>	4/5 Chicken Soft Taco (27g) *Salisbury Steak/Gravy (6g) and Potato (18g) Sun Butter & Jelly & Bagel (49g) <> D Mixed Veggies - carrot, pea, green bean & corn (9g)
4/8 *Chili with Cheese (19g) and Cornbread (23g) <> Veggie Burger with Cheese on Bun (40g) <> *2 Peeps {hard boiled eggs} (2g) <> D	4/9 *Chicken Drumstick (5g) D Cheese Pizza (30g) <> Cheddar Cheese Bits (0g) with Tortilla Strips (23g) <> Baked Beans (30g) <>	4/10 BBQ Beef Rib on Bun (43g) Turkey Hot Dog on Bun (26g) D for K-6 ONLY WOW Soy Butter & Jelly Sandwich (55g) <> Corn (17g)	4/11 *Walking Taco (27g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> *2 Peeps {hard boiled eggs} (2g) <> D	4/12 Chicken Patty on Bun (29g) D Cheese & Bean Enchilada (42g) <> WOW Soy Butter & Jelly Sandwich (55g) <>
4/15 *Dynamite Dippers (25g) <> D Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> D Potato Wedges (14g)	4/16 Cheeseburger Meatloaf on Bun (28g) Turkey Hot Dog on Bun (26g) D for K-6 ONLY *Yogurt with Granola & Cheese Stick (30-34g) <>	4/17 *Chicken Nuggets (13g) D Cheese Pizza (30g) <> *Cheddar Cheese Bits (0g) with Tortilla Strips (23g) <>	4/18 Hamburger/Bun (20g) D Pepperoni Pizza (30g) *Garden Salad with Egg & Cheese (4g) <> Baked Beans (30g) <>	4/19 NO SCHOOL
4/22 NO SCHOOL	4/23 NO SCHOOL	4/24 NO SCHOOL	4/25 NO SCHOOL	4/26 NO SCHOOL



**SPRING BREAK April 19 – April 28**