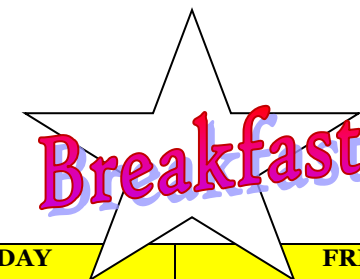




**ELEMENTARY GRADES PreK-6
January 2020 BREAKFAST MENU**



| MONDAY | TUESDAY | LEAN AND GREEN WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---------------------------------|--|-----------------------------------|
| 1/6 Cinnamon Toast Crunch Cheese-Filled Bar (40g) <> | 1/7 Turkey Sausage Breakfast Pizza (22g) | 1/8 Confetti Pancakes (36g) <> | 1/9 Cinnamon French Toast (37g) <> | 1/10 Strawberry Pancakes (40g) <> |
| 1/13 Sweet Potato Swirl Roll (33g) <> | 1/14 Maple Pancakes (38g) <> | 1/15 NO SCHOOL | 1/16 Turkey Sausage Pancake Wrap (17g) † | 1/17 Blueberry Waffles (36g) <> |
| 1/20 Martin Luther King Day NO SCHOOL | 1/21 Turkey Sausage Breakfast Pizza (22g) | 1/22 Confetti Pancakes (36g) <> | 1/23 Cinnamon French Toast (37g) <> | 1/24 Strawberry Pancakes (40g) <> |
| 1/27 Sweet Potato Swirl Roll (33g) <> | 1/28 Maple Pancakes (38g) <> | 1/29 Mini Cinnis (39g) <> | 1/30 Turkey Sausage Pancake Wrap (17g) † | 1/31 Blueberry Waffles (36g) <> |

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| <p><u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST:</u> Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) Orange juice (14g) and apple juice (14g) are offered at breakfast. Students may have as many fresh fruits that they would like to eat. A choice of 1% low fat white milk (13g), or skim chocolate milk (24g) are offered at breakfast/lunch. <u>A complete breakfast and lunch are FREE to every student!!</u></p> | <p>Grams of carbohydrate for each food are listed as (g). † Dairy-free entrée <> Plant-based entrée Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider, employer, and lender.</p> |
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