



ELEMENTARY GRADES PreK-6 Jan 2020 MENU

MONDAY	TUESDAY	LEAN AND GREEN WED	THURSDAY	FRIDAY
1/6 Chicken Nuggets (13g) & *Bread (12g) ☼ Cheese Pizza (27g) <> Turkey & Cheese Sticks with Tortilla Strips (25g) & *Bread (12g)	1/7 Turkey Hot Dog on Bun (21g) ☼ for <u>K-6 ONLY</u> Lasagna Roll Up with Marinara Sauce (37g) & *Bread (12g) <> Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <>	1/8 Cheese & Bean Burrito (40g) <> Macaroni and Cheese (31g) & *Bread (12g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	1/9 Hamburger/Bun (20g) ☼ Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & *Bread (12g) <> Baked Beans (30g) <>	1/10 Chicken Soft Taco (27g) Salisbury Steak/Gravy (6g) and Potato (18g) & *Bread (12g) Sun Butter/Jelly & Bagel (49g) <> ☼ Corn (17g)
1/13 Chicken Drumstick (5g) & *Bread (12g) ☼ Turkey Sausage/French Toast (40g) Taco Hummus/Cheese/Tortilla Strips (42g) & *Bread (12g) <> Green Beans (5g)	1/14 Cheese Pizza (27g) <> Turkey Hot Dog on Bun (21g) ☼ for <u>K-6 only</u> Chicken Fajita and Cheese Wrap (19g) & *Bread (12g) Baked Beans (30g) <>	1/15 NO SCHOOL	1/16 * Ohio Day Turkey/Gravy (2g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D Ohio Day Sweet Potatoes (32g)	1/17 Chicken Patty on Bun (29g) ☼ Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <>
1/20 Martin Luther King Day NO SCHOOL	1/21 Turkey Hot Dog on Bun (21g) ☼ for <u>K-6 ONLY</u> Lasagna Roll Up with Marinara Sauce (37g) & *Bread (12g) <> Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <> Baked Beans (30g) <>	1/22 Cheese & Bean Burrito (40g) <> Macaroni and Cheese (31g) & *Bread (12g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	1/23 Hamburger/Bun (20g) ☼ Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & *Bread (12g) <>	1/24 Chicken Soft Taco (27g) Turkey/Gravy (2g) and Potato (18g) & *Bread (12g) Sun Butter/Jelly & Bagel (49g) <> ☼ Corn (17g)
1/27 Chicken Drumstick (5g) & *Bread (12g) ☼ Turkey Sausage/ French Toast (40g) Taco Hummus/Cheese/Tortilla Strips (42g) & *Bread (12g) <> Green Beans (5g)	1/28 Cheese Pizza (27g) <> Turkey Hot Dog on Bun (21g) ☼ for <u>K-6 only</u> Chicken Fajita and Cheese Wrap (19g) & *Bread (12g) Baked Beans (30g) <>	1/29 Dynamite Dippers (25g) & *Bread (12g) <> ☼ Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> ☼ Potato Wedges (14g)	1/30 Walking Taco (27g) & *Bread (12g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	1/31 Chicken Patty on Bun (29g) ☼ Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <>

Grams of carbohydrate for each food are listed as (g). Pork, seafood, and nut-containing products are not offered. Students may have as many fruits and vegetables that they would like to eat. Legumes are offered weekly. A choice of white 1% milk or non-fat chocolate milk is offered. Menu is subject to change.

*Sliced wheat bread offered with entree.

☼ Dairy-free entrée

<> Plant-based entrée

This institution is an equal opportunity provider, employer, and lender.

Revised 11/8/2019

QR Code for CCS Food Services Student Survey

