






ELEMENTARY MENU GRADES PreK-6



W k 1	MONDAY 5/13	TUESDAY 5/14  OHIO DAY	LEAN AND GREEN WEDNESDAY 5/15	THURSDAY 5/16	FRIDAY 5/17
B	Mini Bagels with Cinnamon Creamy Cheese (42g)	Chicken Sausage on Maple Waffle (15g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Maple Waffles (37g)
L u n c h	Chicken Nuggets (13g) & Bread (12g) D Cheese Pizza (29g) <> WOW Soy Butter & Jelly Sandwich (49-53g)	 Beef Hot Dog on Bun (23g) D Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g)  Potato (18g)	Cheese Breadstick (28g) with Marinara Cup <> Macaroni and Cheese (32g) & Bread (12g) <> 2 Peeps {hard-boiled eggs 2g} & Bread (12g) <> D	Hamburger/Bun(25g) D Pepperoni Pizza (29g) Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Baked Beans (30g)	Toasted Cheese Sandwich (31g) <> Dill Turkey Nuggets (15g) & Bread (12g) D Rotisserie Chicken and Cheese on Bun (31g)
W k 2	MONDAY 5/20	TUESDAY 5/21	LEAN AND GREEN WEDNESDAY 5/22	THURSDAY 5/23	FRIDAY 5/24
B	Mini Bagels Strawberry Creamy Cheese (42g)	Triple Berry French Toast (36g)	Mini Cinnis (39g)	Breakfast Pizza with Beef and Red Sauce (17g)	Blueberry Waffles (37g)
L u n c h	Chicken Drumstick (5g) D & Corn Muffin (39g) Turkey Sausage/French Toast (41g) 2 Peeps {hard-boiled eggs 2g} & Bread (12g) <> D	Fiestada Sandwich (31g) Impossible Burger on Bun (32g) <> D Buffalo Chicken and Cheese on Bun (30g)	Dynomite Dippers (23g) & Bread (12g) <> D Toasted Cheese Sandwich (31g) <> Yogurt (12g)/Cheese Stick (1g) & Granola (15g) & Bread (12g) <>	Walking Taco (26g) & Bread (12g) Cheese-Pizza (29g)-<> 2 Peeps {hard-boiled eggs 2g} & Bread (12g) <> D Corn (14g)	Chicken Patty on Bun (34g) D Beef Cheeseburger (27g) Cheese Cup (13g) and Cheese Stick (1g) & Breadsticks (28g) <> Baked Beans (30g)
W k 1	MONDAY 5/27	TUESDAY 5/28	LEAN AND GREEN WEDNESDAY 5/29	THURSDAY 5/30	FRIDAY 5/31
B		Chicken Sausage on Maple Waffle (15g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	
L u n c h	 NO SCHOOL	BBQ Beef Rib Patty on Bun (30g) D Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g) Baked Beans (30g)	Cheese Breadstick (28g) with Marinara Cup <> Penne Alfredo (31g) & Bread (12g) <> 2 Peeps {hard-boiled eggs 2g} & Bread (12g) <> D	WOW Sandwich (55g) <> with Picnic Cold Pack	NO STUDENTS



**COLUMBUS
CITY SCHOOLS**

ELEMENTARY MENU GRADES PreK-6



CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):

Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g)
or Yogurt (14g) or Cheese Stick (1g)

Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (24g) offered at breakfast/lunch.

A complete breakfast and lunch are FREE to every student!!

Grams of carbohydrate for each food are listed as (g).

Ⓓ Dairy-free entrée

<> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays

Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily.

Pork, seafood, and nut-containing products are not offered.

Menu is subject to change.

This institution is an equal opportunity provider.

Revised 4/24/2024