





**ELEMENTARY MENU GRADES PreK-6
MARCH/APRIL 2022**



W k 1	MONDAY 3/28	TUESDAY 3/29	LEAN AND GREEN WEDNESDAY 3/30	THURSDAY 3/31	FRIDAY 4/1
B	Cinnamon Toast Crunch Cheese-Filled Bar (41g)	Bagel (26g) & Jelly (9g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Strawberry Pancakes (39g)
L u n c h	Chicken Nuggets (13g) & Bread (12g) <> Đ Cheese Pizza (28g) <> Turkey & Cheese Sticks with Tortilla (27g)	Turkey Hot Dog on Bun (21g) Đ for <u>K-6 ONLY</u> Chicken over Noodles (22g) & Bread (12g) Đ Yogurt with Granola & Cheese Stick (28g) & Bread (12g) <>	Cheese & Bean Burrito (40g) <> Macaroni and Cheese (32g) & Bread (12g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> D	Hamburger/Bun (25g) Đ Turkey Salami and Cheese Sub (32g) Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Baked Beans (30g)	 Ohio Day Turkey with Gravy (2g) & Bread (12g)  Ohio Day Sweet Potatoes (32g) Toasted Cheese Sandwich (31g) <> Sun Butter/Jelly & Bagel (49g) <> Đ
W k 2	MONDAY 4/4	TUESDAY 4/5	LEAN AND GREEN WEDNESDAY 4/6	THURSDAY 4/7	FRIDAY 4/8
B	Blueberry Muffin (26g)	Cinnamon Snack'n Waffle (37g)	Chocolate Chip Muffin (29g)	Turkey Sausage Pancake Wrap (17g) Đ	Corn Muffin (32g) with Jelly (9g)
L u n c h	Chicken Drumstick (6g) & Bread (12g) Đ Turkey Sausage/ French Toast (41g) Bean Dip/Cheese/Tortilla Strips (36g) & Bread (12g) <> Green Beans (5g)	Cheese Pizza (28g) <> Turkey Hot Dog on Bun (21g) Đ for <u>K-6 only</u> WOW Soy Butter & Jelly Sandwich (55g) <> Baked Beans (30g)	Dynamite Dippers (25g) & Bread (12g) <> Đ Toasted Cheese Sandwich (31g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> Đ Potato Wedges (16g)	Walking Taco (25g) & Bread (12g) Turkey and Cheese on Bun (27g) 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> Đ	Chicken Patty on Bun (34g) Đ Cheese & Bean Burrito (40g) <> WOW Soy Butter & Jelly Sandwich (53g) <>
<p><u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u> Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (12g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (13g), or skim chocolate milk (24g) offered at breakfast/lunch. <u>A complete breakfast (B) and lunch are FREE to every student!!</u></p>			<p align="center">Grams of carbohydrate for each food are listed as (g). Đ = Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, peanut, and tree nuts are not served. Menu is subject to change. This institution is an equal opportunity provider, employer, and lender.</p>		
Revised 3/30/2022					



ELEMENTARY MENU GRADES PreK-6



APRIL 2022

Wk 1	MONDAY 4/11	TUESDAY 4/12	LEAN AND GREEN WEDNESDAY 4/13	THURSDAY 4/14	FRIDAY 4/15
B	Chicken Sausage on Maple Waffle (15g)	Bagel (26g) & Jelly (9g)	Chocolate Chip Muffin (29g)	Chicken Sausage on Maple Pancake (17g)	
Lunch	Chicken Nuggets (13g) & Bread (12g) <> D Cheese Pizza (28g) <> Turkey & Cheese Sticks with Tortilla (27g)	Turkey Hot Dog on Bun (21g) D for K-6 ONLY Chicken over Noodles (22g) & Bread (12g) D Yogurt with Granola & Cheese Stick (28g) & Bread (12g) <>	Cheese & Bean Burrito (40g) <> Macaroni and Cheese (32g) & Bread (12g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> D	Hamburger/Bun (25g) D Cheese Pizza (28g) <> Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Baked Beans (30g)	NO SCHOOL
Wk 2	MONDAY 4/18	TUESDAY 4/19	LEAN AND GREEN WEDNESDAY 4/20	THURSDAY 4/21	FRIDAY 4/22
B					
Lunch	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
	<p><u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u> Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (12g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (13g), or skim chocolate milk (24g) offered at breakfast/lunch. <u>A complete breakfast (B) and lunch are FREE to every student!!</u></p>		<p>Grams of carbohydrate for each food are listed as (g). D = Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, peanut, and tree nuts are not served. Menu is subject to change. This institution is an equal opportunity provider, employer, and lender.</p>		
	Revised 3/30/2022				