





**ELEMENTARY MENU GRADES PreK-6  
JANUARY/FEBRUARY 2022**

W k 1	MONDAY 1/31	TUESDAY 2/1	LEAN AND GREEN WEDNESDAY 2/2	THURSDAY 2/3	FRIDAY 2/4
B	Blueberry Waffles (37g)	Cinnamon Toast Crunch Cheese-Filled Bar (41g)		Cinnamon French Toast (37g)	Confetti Pancakes (36g)
L u n c h	Chicken Patty on Bun (34g) $\text{\textcircled{D}}$ Cheeseburger Meatloaf on Bun (33g) WOW Soy Butter & Jelly Sandwich (53g) $\text{\textcircled{<>}}$	Chicken Nuggets (13g) & Bread (12g) $\text{\textcircled{<>}}$ $\text{\textcircled{D}}$ Cheese Pizza (28g) with Marinara Sauce (4g) $\text{\textcircled{<>}}$ Turkey & Cheese Sticks with Tortilla Strips (24g) & Bread (12g)	<b>NO SCHOOL</b>	Hamburger/Bun (25g) $\text{\textcircled{D}}$ Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & Bread (12g) $\text{\textcircled{<>}}$ Baked Beans (30g)	Toasted Cheese Sandwich (31g) $\text{\textcircled{<>}}$ Salisbury Steak/Gravy (6g) and Potato (18g) & Bread (12g) Sun Butter/Jelly & Bagel (49g) $\text{\textcircled{<>}}$ $\text{\textcircled{D}}$ Corn (14g)
W k 2	MONDAY 2/7	TUESDAY 2/8	LEAN AND GREEN WEDNESDAY 2/9	THURSDAY 2/10	FRIDAY 2/11
B	Mini Bagels Strawberry Creamy Cheese (42g)	Corn Muffin (32g) & Jelly (9g)	Mini Cinnis (40g)	Corn Muffin (32g) & Jelly (9g)	Blueberry Waffles (37g)
L u n c h	Chicken Drumstick (6g) & Bread (12g) $\text{\textcircled{D}}$ Turkey Sausage/ French Toast (41g) Bean Dip/Cheese/Tortilla Strips (36g) & Bread (12g) $\text{\textcircled{<>}}$ Green Beans (5g)	Cheese Pizza (28g) with Marinara Sauce (4g) $\text{\textcircled{<>}}$ Turkey Hot Dog on Bun (21g) $\text{\textcircled{D}}$ <u>for K-6 only</u> WOW Soy Butter & Jelly Sandwich (53g) $\text{\textcircled{<>}}$ Baked Beans (30g)	Dynomite Dippers (25g) & Bread (12g) $\text{\textcircled{<>}}$ $\text{\textcircled{D}}$ Toasted Cheese Sandwich (31g) $\text{\textcircled{<>}}$ Sun Butter (14g) & Jelly (9g) & Bagel (26g) $\text{\textcircled{<>}}$ $\text{\textcircled{D}}$ Potato Wedges (16g)	 OH Day Hamburger on Bun (26g) Cheese & Bean Burrito (40g) $\text{\textcircled{<>}}$ 2 Peeps (hard-boiled eggs 2g) & Bread (12g) $\text{\textcircled{<>}}$ $\text{\textcircled{D}}$  OH Day Carrot Coins (8g)	Chicken Patty on Bun (34g) $\text{\textcircled{D}}$ Cheese & Bean Burrito (40g) $\text{\textcircled{<>}}$ WOW Soy Butter & Jelly Sandwich (53g) $\text{\textcircled{<>}}$
<p><b><u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u></b> Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (12g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (13g), or skim chocolate milk (24g) offered at breakfast/lunch. <b><u>A complete breakfast (B) and lunch are FREE to every student!!</u></b></p>			<p align="center">Grams of carbohydrate for each food are listed as (g). <math>\text{\textcircled{D}}</math> = Dairy-free entrée <math>\text{\textcircled{&lt;&gt;}}</math> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, and nut-containing products are not served. Menu is subject to change. This institution is an equal opportunity provider, employer, and lender.</p> <p align="center">Revised 2/18/2022</p>		



## ELEMENTARY MENU GRADES PreK-6

**FEBRUARY 2022**

w k 1	MONDAY 2/14	TUESDAY 2/15	LEAN AND GREEN WEDNESDAY 2/16	THURSDAY 2/17	FRIDAY 2/18
<b>B</b>	Cinnamon Toast Crunch Cheese-Filled Bar (41g)	Bagel (26g) & Jelly (9g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Confetti Pancakes (36g)
<b>L u n c h</b>	Chicken Nuggets (13g) & Bread (12g) <> D Cheese Pizza (28g) with Marinara Sauce (4g) <> Turkey & Cheese Sticks with Tortilla Strips (24g) & Bread (12g)	Turkey Hot Dog on Bun (21g) D for <u>K-6 ONLY</u> Chicken over Noodles (22g) & Bread (12g) D Bean Dip/Cheese/Tortilla Strips (36g) & Bread (12g) <>	Cheese & Bean Burrito (40g) <> Macaroni and Cheese (32g) & Bread (12g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> D	Hamburger/Bun (25g) D Turkey Salami and Cheese Sub (32g) Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Baked Beans (30g)	Toasted Cheese Sandwich (31g) <> Turkey/Gravy (2g) and Potato (18g) & Bread (12g) Sun Butter/Jelly & Bagel (49g) <> D Corn (14g)
w k 2	MONDAY 2/21	TUESDAY 2/22	LEAN AND GREEN WEDNESDAY 2/23	THURSDAY 2/24	FRIDAY 2/25
<b>B</b>		Confetti Pancakes (36g)	Mini Cinnis (40g)	Turkey Sausage Pancake Wrap (17g) D	Blueberry Waffles (37g)
<b>L u n c h</b>	<b>NO SCHOOL</b>	Cheese & Bean Burrito (40g) <> Turkey Hot Dog on Bun (21g) D for <u>K-6 only</u> WOW Soy Butter & Jelly Sandwich (53g) <> Baked Beans (30g)	Dynamite Dippers (25g) & Bread (12g) <> D Toasted Cheese Sandwich (31g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> D	Walking Taco (25g) & Bread (12g) Toasted Cheese Sandwich (31g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> D	Chicken Patty on Bun (34g) D Cheese & Bean Burrito (40g) <> WOW Soy Butter & Jelly Sandwich (53g) <>
<p><b><u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u></b>            Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (12g) or Cheese Stick (1g)            Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (13g), or skim chocolate milk (24g) offered at breakfast/lunch.  <b><u>A complete breakfast (B) and lunch are FREE to every student!!</u></b></p>			<p>Grams of carbohydrate for each food are listed as (g).            D = Dairy-free entrée            &lt;&gt; Vegetarian lunch daily including all lunches on Lean and Green Wednesdays            Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily.            Pork, seafood, and nut-containing products are not served.            Menu is subject to change.            This institution is an equal opportunity provider, employer, and lender.</p>		
<p>Revised 2/18/2022</p>					