






**FEBRUARY/MARCH 2022**

W k 1	MONDAY 2/28	TUESDAY 3/1	LEAN AND GREEN WEDNESDAY 3/2	THURSDAY 3/3	FRIDAY 3/4
B	Cinnamon Toast Crunch Cheese-Filled Bar (41g)	Bagel (26g) & Jelly (9g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Strawberry Pancakes (39g)
L u n c h	Chicken Nuggets (13g) & Bread (12g) D Toasted Cheese Sandwich (31g) <> Turkey & Cheese Sticks with Tortilla (27g)	Turkey Hot Dog on Bun (21g) D for <u>K-6 ONLY</u> Chicken over Noodles (22g) & Bread (12g) D Yogurt with Granola & Cheese Stick (28g) & Bread (12g) <>	Cheese & Bean Burrito (40g) <> Macaroni and Cheese (32g) & Bread (12g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> D	Hamburger/Bun (25g) D Turkey Salami and Cheese Sub (32g) Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Baked Beans (30g)	Turkey and Cheese on Bun (27g) Salisbury Steak/Gravy (6g) and Potato (18g) & Bread (12g) Sun Butter/Jelly & Bagel (49g) <> D Corn (14g)
W k 2	MONDAY 3/7	TUESDAY 3/8	WEDNESDAY 3/9	THURSDAY 3/10	FRIDAY 3/11
B	 Ohio Day Maple Waffle (37g) Ohio Day Cherry Star Juice (14g)	 Ohio Day Cinnamon Waffle (37g) Ohio Day Cherry Star Juice (14g)		 Ohio Day Blueberry Waffle (37g) Ohio Day Cherry Star Juice (14g)	 Ohio Day Assorted Waffle (37g) Ohio Day Cherry Star Juice (14g)
L u n c h	Chicken Drumstick (6g) & Bread (12g) D Turkey Sausage/ French Toast (41g) Bean Dip/Cheese/Tortilla Strips (36g) & Bread (12g) <> Green Beans (5g)	Dynamite Dippers (25g) & Bread (12g) D <> Turkey Hot Dog on Bun (21g) D for <u>K-6 only</u> WOW Soy Butter & Jelly Sandwich (53g) <> Baked Beans (30g)	<b>NO SCHOOL</b>	Walking Taco (25g) & Bread (12g) Toasted Cheese Sandwich (31g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> D	Chicken Patty on Bun (34g) D Cheese & Bean Burrito (40g) <> WOW Soy Butter & Jelly Sandwich (53g) <>



## ELEMENTARY MENU GRADES PreK-6

**MARCH 2022**

w k 1	MONDAY 3/14	TUESDAY 3/15	LEAN AND GREEN WEDNESDAY 3/16	THURSDAY 3/17	FRIDAY 3/18
<b>B</b>	Cinnamon Toast Crunch Cheese-Filled Bar (41g)	Bagel (26g) & Jelly (9g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Strawberry Pancakes (39g)
<b>L u n c h</b>	Chicken Nuggets (13g) & Bread (12g) Đ Toasted Cheese Sandwich (31g) <> Turkey & Cheese Sticks with Tortilla (27g)	Turkey Hot Dog on Bun (21g) Đ for <u>K-6 ONLY</u> Chicken over Noodles (22g) & Bread (12g) Đ Yogurt with Granola & Cheese Stick (28g) & Bread (12g) <>	Cheese & Bean Burrito (40g) <> Macaroni and Cheese (32g) & Bread (12g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> D	Hamburger/Bun (25g) Đ Turkey Salami and Cheese Sub (32g) Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Baked Beans (30g)	Turkey and Cheese on Bun (27g) Turkey/Gravy (2g) and Potato (18g) & Bread (12g) Sun Butter/Jelly & Bagel (49g) <> Đ Corn (14g)
w k 2	MONDAY 3/21	TUESDAY 3/22	WEDNESDAY 3/23	THURSDAY 3/24	FRIDAY 3/25
<b>B</b>	Mini Bagels Strawberry Creamy Cheese (42g)	Maple Pancakes (38g)		Turkey Sausage Pancake Wrap (17g) Đ	Blueberry Waffles (37g)
<b>L u n c h</b>	Chicken Drumstick (6g) & Bread (12g) Đ Turkey Sausage/ French Toast (41g) Bean Dip/Cheese/Tortilla Strips (36g) & Bread (12g) <> Green Beans (5g)	Dynomite Dippers (25g) & Bread (12g) Đ <> Turkey Hot Dog on Bun (21g) Đ for <u>K-6 only</u> WOW Soy Butter & Jelly Sandwich (53g) <> Baked Beans (30g)	<b>NO SCHOOL</b>	Walking Taco (25g) & Bread (12g) Toasted Cheese Sandwich (31g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> Đ	Chicken Patty on Bun (34g) Đ Cheese & Bean Burrito (40g) <> WOW Soy Butter & Jelly Sandwich (53g) <>
	<p><b><u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u></b>            Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (12g) or Cheese Stick (1g)            Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (13g), or skim chocolate milk (24g) offered at breakfast/lunch.  <b><u>A complete breakfast (B) and lunch are FREE to every student!!</u></b></p>		<p>Grams of carbohydrate for each food are listed as (g).            Đ = Dairy-free entrée            &lt;&gt; Vegetarian lunch daily including all lunches on Lean and Green Wednesdays            Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily.            Pork, seafood, peanut and tree nuts are not served.            Menu is subject to change.            This institution is an equal opportunity provider, employer, and lender.</p>		
			Revised 3/8/2022		