



**ELEMENTARY MENU GRADES PreK-6
APRIL/MAY 2022**

Week 1	MONDAY 4/25	TUESDAY 4/26	LEAN AND GREEN WEDNESDAY 4/27	THURSDAY 4/28	FRIDAY 4/29
B	Apple Muffin (27g)	Bagel (26g) & Jelly (9g)	Corn Muffin (32g) with Jelly (9g)	Chocolate Chip Muffin (29g)	Chicken Sausage on Maple Waffle (15g)
Lunch	Chicken Nuggets (13g) & Bread (12g) <> D Cheese Pizza (28g) <> Turkey & Cheese Sticks with Tortilla Strips (24g) & Bread (12g)	Turkey Hot Dog on Bun (21g) D for K-6 ONLY Chicken Nuggets (13g) & Bread (12g) <> D Bean Dip/Cheese/Tortilla Strips (36g) & Bread (12g) <>	Cheese & Bean Burrito (40g) <> Macaroni and Cheese (32g) & Bread (12g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> D	Turkey Salami and Cheese Sub (32g) Toasted Cheese Sandwich (31g) <> Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Baked Beans (30g)	Cheese Pizza (28g) <> Salisbury Steak/Gravy (6g) and Potato (18g) & Bread (12g) Sun Butter/Jelly & Bagel (49g) <> D Corn (14g)
Week 2	MONDAY 5/2	TUESDAY 5/3	LEAN AND GREEN WEDNESDAY 5/4	THURSDAY 5/5	FRIDAY 5/6
B	Chicken Sausage on Maple Pancake (17g)	Blueberry Muffin (26g)	French Toast Sticks (38g)	Blueberry Waffle (37g)	Chicken Sausage on Maple Waffle (15g)
Lunch	Chicken Drumstick (6g) & Bread (12g) D Turkey Sausage/ French Toast (41g) Bean Dip/Cheese/Tortilla Strips (36g) & Bread (12g) <> Green Beans (5g)	Cheese Pizza (28g) <> Turkey Hot Dog on Bun (21g) D for K-6 only WOW Soy Butter & Jelly Sandwich (55g) <> Baked Beans (30g)	Dynamite Dippers (25g) & Bread (12g) <> D Toasted Cheese Sandwich (31g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> D Potato Wedges (16g)	 Ohio Day Beef Hot Dog on Bun (23g) D Cheese Pizza (28g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> D  Ohio Day Carrot Coins (8g)	Chicken Patty on Bun (34g) D Cheese & Bean Burrito (40g) <> WOW Soy Butter & Jelly Sandwich (53g) <>
<p>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B): Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (12g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (13g), or skim chocolate milk (24g) offered at breakfast/lunch. <u>A complete breakfast (B) and lunch are FREE to every student!!</u></p>			<p align="center">Grams of carbohydrate for each food are listed as (g). D = Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, peanut, and tree nuts are not served. Menu is subject to change. This institution is an equal opportunity provider, employer, and lender.</p>		
Revised 5/6/2022					



**ELEMENTARY MENU GRADES PreK-6
MAY 2022**

w k 1	MONDAY 5/9	TUESDAY 5/10	LEAN AND GREEN WEDNESDAY 5/11	THURSDAY 5/12	FRIDAY 5/13
B	Chicken Sausage on Maple Pancake (17g)	Bagel (26g) & Jelly (9g)	Assorted Breakfast Items	Apple Muffin (27g)	Chicken Sausage on Maple Waffle (15g)
L u n c h	Chicken Nuggets (13g) & Bread (12g) <> Đ Cheese Pizza (28g) <> Turkey & Cheese Sticks with Tortilla Strips (24g) & Bread (12g)	Turkey Hot Dog on Bun (21g) Đ for <u>K-6 ONLY</u> Pepperoni Pizza (28g) Yogurt with Granola & Cheese Stick (28g) & Bread (12g) <>	Cheese & Bean Burrito (40g) <> French Bread Cheese Pizza (28g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> D	Turkey Salami and Cheese Sub (32g) Toasted Cheese Sandwich (31g) <> Garden Salad with Egg & Cheese (5g) & Bread (12g) <>	Cheese Pizza (28g) <> Turkey Ham & Cheese on Bun (27g) Sun Butter/Jelly & Bagel (49g) <> Đ
w k 2	MONDAY 5/16	TUESDAY 5/17	LEAN AND GREEN WEDNESDAY 5/18	THURSDAY 5/19	FRIDAY 5/20
B	Chicken Sausage on Maple Pancake (17g)	Blueberry Muffin (26g)	Corn Muffin (32g) with Jelly (9g)	Turkey Sausage Pancake Wrap (17g) Đ	Chicken Sausage on Maple Waffle (15g)
L u n c h	Chicken Drumstick (6g) & Bread (12g) Đ Turkey Sausage/ French Toast (41g) Bean Dip/Cheese/Tortilla Strips (36g) & Bread (12g) <> Green Beans (5g)	Cheese Pizza (28g) with Marinara Sauce (4g) <> Turkey Hot Dog on Bun (21g) Đ for <u>K-6 only</u> WOW Soy Butter & Jelly Sandwich (55g) <>	Dynomite Dippers (25g) & Bread (12g) <> Đ Toasted Cheese Sandwich (31g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> Đ Potato Wedges (16g)	Chicken Nuggets (13g) & Bread (12g) <> Đ Cheese Pizza (28g) <> 2 Peeps (hard-boiled eggs 2g) & Bread (12g) <> Đ	Chicken Patty on Bun (34g) Đ Cheese & Bean Burrito (40g) <> WOW Soy Butter & Jelly Sandwich (53g) <>
<p><u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u> Assorted Cereal (20-25g) or Graham Cracker (19g) or Yogurt (12g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (13g), or skim chocolate milk (24g) offered at breakfast/lunch. <u>A complete breakfast (B) and lunch are FREE to every student!!</u></p>			<p align="center">Grams of carbohydrate for each food are listed as (g). Đ = Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, peanut, and tree nuts are not served. Menu is subject to change. This institution is an equal opportunity provider, employer, and lender.</p> <p align="right">Revised 5/18/2022</p>		