



SV aga 4 ar

	SY 2024-25								
w k	MONDAY 10/14	TUESDAY 10/15	LEAN AND GREEN WEDNESDAY 10/16	THURSDAY 10/17	FRIDAY 10/18				
B	Froot Loops Waffle (32g)	Chicken Sausage on Maple Waffle (15g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)					
L u n c h	Chicken Nuggets (13g) Đ & Corn Muffin (39g) Cheese Pizza (29g) <> Rotisserie Chicken and Cheese on Bun (31g)	Turkey Hot Dog on Bun (21g) Đ for <u>K-6 ONLY</u> Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g) Baked Beans (25g)	Macaroni and Cheese (32g) & Corn Muffin (30g) <> Cheese Breadstick (28g) with Marinara Cup (4g) <> 2 Peeps {hard-boiled eggs} (2g) & Bread (12g) <> D	Hamburger/Bun (25g) Ð Pepperoni Pizza (29g) Garden Salad with Egg & Cheese (5g) & Corn Muffin (39g) <> Emoji Potato (18g)	NO STUDENTS				
	NATIONAL	SCHOOL		LUNCH	WEEK				
W k 2	MONDAY 10/21	TUESDAY 10/22 OHIO DAY	WEDNESDAY 10/23	THURSDAY 10/24	FRIDAY 10/25				
В	Mini Bagels Strawberry Creamy Cheese (42g)	Triple Berry French Toast (36g)		Egg & Cheese on Croissant (19g)	Blueberry Waffles (37g)				
L u n c h	Turkey Sausage/French Toast Sticks (40g) Breaded Chicken Slider (51g) 2 Peeps {hard-boiled eggs 2g) & Bread (12g) <> D	Sloppy Joe on Bun (37g) Đ Fiestada Sandwich (31g) WOW Soy Butter & Strawberry Jelly Sandwich (49g) <> Peppers and Onions (5g)	NO STUDENTS	Walking Taco (2g) with Tortilla Chips (18g) & Bread (12g) Cheese-Pizza (29g)-<> Turkey Sticks with Tortilla Chips (23g) & Bread (12g) Đ Corn (21g)	Chicken Patty on Bun (34g) Đ Loaded Cheeseburger Sliders (41g) WOW Soy Butter & Grape Jelly Sandwich (53g) <> Baked Beans (25g)				
	CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B): Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) 100% juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (22g) offered at breakfast/lunch. <u>A complete breakfast and lunch are FREE to every student!!</u>		Grams of carbohydrate for each food are listed as (g). Đ Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. Revised 9/3/2024						





	SY 2024-25								
w k 1	MONDAY 10/28	TUESDAY 10/29	LEAN AND GREEN WEDNESDAY 10/30	THURSDAY 10/31	FRIDAY 11/1				
В	Froot Loops Waffle (32g)	Chicken Sausage on Maple Waffle (15g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Maple Waffles (37g)				
L u n c h	Chicken Nuggets (13g) Đ & Corn Muffin (39g) Cheese Pizza (29g) <> Rotisserie Chicken and Cheese on Bun (31g)	BBQ Beef Rib on Bun (30g) Đ Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g) Baked Beans (25g)	Penne Alfredo (31g) & Corn Muffin (39g) <> Cheese Breadstick (28g) with Marinara Cup <> 2 Peeps {hard-boiled eggs 2g) & Bread (12g) <> D	Hamburger/Bun (25g) Đ Pepperoni Pizza (29g) Garden Salad with Egg & Cheese (5g) & Corn Muffin (39g) <> Emoji Potato (18g)	Rotini with Meat Sauce (26g) & Bread (12g) Đ Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g)				
W k 2	MONDAY 11/4	TUESDAY 11/5	LEAN AND GREEN WEDNESDAY 11/6	THURSDAY 11/7	FRIDAY 11/8				
В	Mini Bagels Strawberry Creamy Cheese (42g)		Mini Cinnis (39g)	Egg & Cheese on Croissant (19g)	Blueberry Waffles (37g)				
L n c h	Turkey Sausage/French Toast Sticks (40g) Breaded Chicken Slider (51g) 2 Peeps {hard-boiled eggs 2g) & Bread (12g) <> D	NO STUDENTS	Kickin' Patty on Bun (39g) <> D Toasted Cheese Sandwich (31g) <> Garden Salad with Egg & Cheese (4g) & Corn Muffin (39g) <>	Walking Taco (2g) with Tortilla Chips (18g) & Bread (12g) Cheese-Pizza (29g) <> Turkey Sticks with Tortilla Chips (18g) & Bread (12g) Đ Corn (21g)	Chicken Patty on Bun (34g) Đ Loaded Cheeseburger Sliders (41g) WOW Soy Butter & Grape Jelly Sandwich (53g) <> Baked Beans 250g)				
	CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B): Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) 100& juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (22g) offered at breakfast/lunch. <u>A complete breakfast and lunch are FREE to every student!!</u>		Grams of carbohydrate for each food are listed as (g). Đ Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. Revised 9/3/2024						