



SY 2024-25									
w k 1	MONDAY 9/16	TUESDAY 9/17	LEAN AND GREEN WEDNESDAY 9/18	THURSDAY 9/19	FRIDAY 9/20				
В	Froot Loops Waffle (32g)	Chicken Sausage on Maple Waffle (15g)		Cinnamon French Toast (37g)	Maple Waffles (37g)				
L u n c h	Chicken Nuggets (13g) Đ & Corn Muffin (39g) Cheese Pizza (29g) <> Rotisserie Chicken and Cheese on Bun (31g)	Turkey Hot Dog on Bun (21g) Đ for K-6 ONLY Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g) Baked Beans (25g)	NO STUDENTS	Hamburger/Bun (25g) Đ Pepperoni Pizza (29g) Garden Salad with Egg & Cheese (5g) & Corn Muffin (39g) <> Emoji Potato (18g)	Rotini with Meat Sauce (26g) & Bread (12g) Đ Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g)				
W k 2	MONDAY 9/23	TUESDAY 9/24	LEAN AND GREEN WEDNESDAY 9/25	THURSDAY 9/26 OHIO DAY	FRIDAY 9/27				
В	Mini Bagels Strawberry Creamy Cheese (42g)	Triple Berry French Toast (36g)	Mini Cinnis (39g)	Egg & Cheese on Croissant (19g)	Blueberry Waffles (37g)				
L n c h	Turkey Sausage/French Toast Sticks (40g) Breaded Chicken Slider (51g) 2 Peeps {hard-boiled eggs 2g) & Bread (12g) <> D	Chicken Drumstick (5g) Đ & Corn Muffin (39g) Fiestada Sandwich (31g) WOW Soy Butter & Strawberry Jelly Sandwich (49g) <>	Dynomite Dippers (22g) & Bread (12g) <> Đ Toasted Cheese Sandwich (31g) <> Garden Salad with Egg & Cheese (4g) & Corn Muffin (39g) <>	Macaroni and Cheese (32g) & Dinner Roll (16g) <> Cheese-Pizza (29g)-<> Turkey Sticks with Tortilla Chips (18g) & Bread (12g) Đ  Squash (12g)	Chicken Patty on Bun (34g) Đ Loaded Cheeseburger Sliders (41g) WOW Soy Butter & Grape Jelly Sandwich (53g) <> Baked Beans (25g)				
	CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B): Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) 100% juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (22g) offered at breakfast/lunch. A complete breakfast and lunch are FREE to every student!!		Grams of carbohydrate for each food are listed as (g).  D Dairy-free entrée  <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays  Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily.  Pork, seafood, and nut-containing products are not offered.  Menu is subject to change.  This institution is an equal opportunity provider.  Revised 9/4/2024						





## SY 2024-25

w k 1	MONDAY 9/30	TUESDAY 10/1	LEAN AND GREEN WEDNESDAY 10/2	THURSDAY 10/3	FRIDAY 10/4			
В	Froot Loops Waffle (32g)	Chicken Sausage on Maple Waffle (15g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Maple Waffles (37g)			
L u n c	Chicken Nuggets (13g) D & Corn Muffin (39g) Cheese Pizza (29g) <> Rotisserie Chicken and Cheese on Bun (31g)	BBQ Beef Rib on Bun (30g) D Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g) Baked Beans (25g)	Penne Alfredo (31g) & Corn Muffin (39g) <> Cheese Breadstick (28g) with Marinara Cup <> 2 Peeps {hard-boiled eggs 2g) & Bread (12g) <> D	Hamburger/Bun (25g) Đ Pepperoni Pizza (29g) Garden Salad with Egg & Cheese (5g) & Corn Muffin (39g) <> Emoji Potato (18g)	Rotini with Meat Sauce (26g) & Bread (12g) Đ Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g)			
W k 2	MONDAY 10/7	TUESDAY 10/8	LEAN AND GREEN WEDNESDAY 10/9	THURSDAY 10/10	FRIDAY 10/11			
В	Mini Bagels Strawberry Creamy Cheese (42g)	Triple Berry French Toast (36g)	Mini Cinnis (39g)	Egg & Cheese on Croissant (19g)	Blueberry Waffles (37g)			
L u n c h	Turkey Sausage/French Toast Sticks (40g) Breaded Chicken Slider (51g) 2 Peeps {hard-boiled eggs 2g) & Bread (12g) <> D	Chicken Drumstick (5g) Đ & Corn Muffin (39g) Fiestada Sandwich (31g) WOW Soy Butter & Strawberry Jelly Sandwich (49g) <>	Kickin' Patty on Bun (39g) <> D Toasted Cheese Sandwich (31g) <> Garden Salad with Egg & Cheese (4g) & Corn Muffin (39g) <>	Walking Taco (2g) with Tortilla Chips (18g) & Bread (12g) Cheese-Pizza (29g)-<> Turkey Sticks with Tortilla Chips (18g) & Bread (12g) Đ Corn (21g)	Chicken Patty on Bun (34g) D Loaded Cheeseburger Sliders (41g) WOW Soy Butter & Grape Jelly Sandwich (53g) <> Baked Beans 250g)			
	CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B): Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g)  100& juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (22g) offered at breakfast/lunch. A complete breakfast and lunch are FREE to every student!!		Grams of carbohydrate for each food are listed as (g).  Ð Dairy-free entrée  <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays  Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily.  Pork, seafood, and nut-containing products are not offered.  Menu is subject to change.  This institution is an equal opportunity provider.  Revised 9/4/2024					