



## ELEMENTARY GRADES PreK-6 October/November 2019 MENU

MONDAY	TUESDAY	LEAN AND GREEN WED	THURSDAY	FRIDAY
10/28 Chicken Nuggets (13g) & *Bread (12g) ☽ Cheese Pizza (27g) <> Turkey Ham & Cheese with Tortilla Strips (25g) & *Bread (12g)	10/29 Turkey Hot Dog on Bun (21g) ☽ for K-6 ONLY Beef and Bean Burrito (45g) ☽ Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <>	10/30 Cheese & Bean Burrito (40g) <> *Macaroni and Cheese (31g) & *Bread (12g) <> *2 Peeps {hard-boiled eggs} (2g) & *Bread (12g)<> D	10/31 Hamburger/Bun (20g) ☽ Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & *Bread (12g) <> Baked Beans (30g) <>	11/1 Chicken Soft Taco (27g) Salisbury Steak/Gravy (6g) and Potato (18g) & *Bread (12g) Sun Butter/Jelly & Bagel (49g) <> ☽ Corn (17g)
11/4 Chicken Drumstick (5g) & *Bread (12g) ☽ Turkey Sausage/French Toast (40g) WOW Soy Butter & Jelly Sandwich (55g) <> Green Beans (5g)	<b>NO SCHOOL</b>	11/6  Ohio Day Cheese Pizza Wrap (28g) <> Dymomite Dippers (25g) & *Bread (12g) <> ☽ Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> ☽ Potato Wedges (14g)	11/7 Walking Taco (27g) & *Bread (12g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	11/8 Chicken Patty on Bun (29g) ☽ Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <>
11/11 Chicken Nuggets (13g) & *Bread (12g) ☽ Cheese Pizza (27g) <> Turkey Ham & Cheese with Tortilla Strips (25g) & *Bread (12g)	11/12 Turkey Hot Dog on Bun (21g) ☽ for K-6 ONLY Beef and Bean Burrito (45g) ☽ Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <>	11/13 Cheese & Bean Burrito (40g) <> Macaroni and Cheese (31g) & *Bread (12g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	11/14 Hamburger/Bun (20g) ☽ Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & *Bread (12g) <> Baked Beans (30g) <>	11/15 Chicken Patty on Bun (29g) ☽ Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <>
11/18 Chicken Drumstick (5g) & *Bread (12g) ☽ Turkey Sausage & French Toast (40g) WOW Soy Butter & Jelly Sandwich (55g) <> Green Beans (5g)	11/19 Cheese Pizza (27g) <> Turkey Hot Dog on Bun (21g) ☽ for K-6 only Chicken Fajita and Cheese Wrap (19g) & *Bread (12g) Baked Beans (30g) <>	11/20 Dymomite Dippers (25g) & *Bread (12g) <> ☽ Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> ☽ Potato Wedges (14g)	11/21 Walking Taco (27g) & *Bread (12g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	11/22 Chicken Soft Taco (27g) Turkey/Gravy (2g) and Potato (18g) & *Bread (12g) Sun Butter/Jelly & Bagel (49g) <> ☽ Corn (17g)



Grams of carbohydrate for each food are listed as (g). Pork, seafood, and nut-containing products are not offered. Menu is subject to change.

\*Sliced wheat bread offered with entree.

☽ Dairy-free entrée

<> Plant-based entrée

This institution is an equal opportunity provider, employer, and lender.

Revised 10/11/2019