

Garden Club Fall 2019

Look what is happening in the Garden Club at Georgian Heights Elementary School!!

In the months of September and October, students of all grade levels from PreK -5th grade, who joined the Garden Club, have been busy with tending the gardens and tasting garden foods. To begin the season students cleaned out garden beds and prepared them with new soil for planting a variety of seeds (kale, carrots, radishes, peas, lettuce and spinach). As garden beds were planted, tasks such as watering the newly planted seeds becomes an important part of tending the garden, especially when we have had such little rain. The large rain barrel close to the garden area makes it easy to access water (and is free) to water the vegetables.

Another important part of Garden Club is tasting healthy foods planted in the garden.

Because no plants have grown yet in our beds, vegetables are brought from my garden or farmers market for students to taste. With the tasting each week, students taste vegetables both raw and cooked to have an opportunity to taste vegetables prepared in different ways and to understand that even if they don't like it raw they may like it cooked or vice versa. Students have been tasting zucchini (raw and sautéed), kale (Kale salad and kale chips –both homemade) and cauliflower (raw, rice and mashed). Most students have liked each vegetable at least one way and many have liked the vegetables prepared both or all ways!!

Special projects include 1st grade building a teepee for the sweet peas to climb as they grow and 5th grade students planting milkweed seeds (given by a grandparent of a GH student) in the front beds of the school to attract monarchs next year.

More to come as we harvest vegetables in the coming months!!

Georgian Heights Garden Staff and Volunteers

