

SCHOOL-BASED SUPPLEMENTAL HEALTH SERVICES INFORMATION FOR PARENTS & STUDENTS

School-Based Supplemental Health Services are being offered to any student through a partnership of Columbus City Schools (CCS), Columbus Public Health (CPH), Nationwide Children's Hospital (NCH), OhioHealth and PrimaryOne Health. The goal is to help improve the health and well-being of students so they can be successful in school and life. **No child will be denied care due to inability to pay for services.**

For Your Child To Receive School-Based Supplemental Health Services

1. Keep this handout for your information.
2. **Sign the consent form** (4 pages).
3. **Return the consent form** to your child's school.
4. The Notice of Privacy Practices forms for CPH, NCH, OhioHealth and PrimaryOne Health and blank consent forms are available at any CCS school building upon request. They can also be viewed at <http://columbus.gov/schoolhealth/>.
5. The signed consent form will remain valid throughout the 2017-2018, 12-month academic year unless revoked by you, in writing, to have your child removed from services.
6. Questions? Talk with your school nurse or call 3-1-1 (614-645-3111).

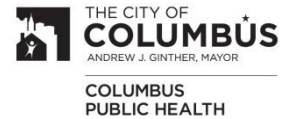
Columbus Public Health Services

Alcohol and Drug Abuse Program - Programs include **Leadership Resiliency, Saving Our Selves (S.O.S.) and You're Extra Special (Y.E.S.)**. These small discussion-based



groups provide health education for the prevention of risk-taking behaviors to increase positive coping skills and resiliency. Topics include drug and alcohol use, smoking, age appropriate education on abstinence and pregnancy prevention, sexually transmitted

infections and HIV. Art, games, books and videos may be used to introduce topics. Any artwork your child completes may be used for educational purposes, art exhibits, slide shows, etc. No names or identifiable information will be used. More information can be found at <http://columbus.gov/publichealth/programs/alcohol-and-drug-abuse/>. This is a free, grant-funded service provided by Columbus Public Health. You or your insurance will not be billed.



Dental Sealant Program - Teams of dental hygienists and dental assistants provide a dental screening (tooth check) and dental sealants (protective plastic coatings to prevent cavities) on back permanent molars of 2nd and 6th graders. Sealants are easy to apply and there are no drills or needles. Sealants will be checked the year after they are placed, and reapplied if needed. More information can be found at <http://columbus.gov/dental-sealants/>. Insurance is billed when possible to help cover costs and keep the program operating. If you do not have insurance, there is no cost to you for these services and you will not be billed.



Immunization Program - Columbus Public Health nurses give required and recommended immunizations (shots) to students. These include Tdap [Tetanus (lockjaw), Diphtheria, Pertussis (whooping cough)] which is required for all students entering 7th grade; Meningococcal (MCV4) which is required for all students entering 7th and 12th grades; and, the seasonal influenza (flu) immunization. Children and teens that are not up-to-date with their age-appropriate immunizations also may receive DTaP/Tdap, Hepatitis B, MMR (measles, mumps, rubella), Polio, Varicella (chickenpox), Td (tetanus), Hepatitis A, HPV and Meningococcal (meningitis). A *Vaccine Information Statement* (VIS) handout that explains the benefits and risks of an immunization will be sent home with your child before each immunization is given. This information on all immunizations is also available at www.cdc.gov/vaccines/hcp/vis/index.html. On the day that vaccines are given, written notice of the immunizations received will be sent home with your child. The *Vaccines For Children* (VFC) Program provides free vaccines to children who are Medicaid-eligible; without insurance; American Indian or Alaska Native; or underinsured. Medicaid and private insurance is billed. You will not be billed.



Maternal Child Health Program – A nurse, social worker or outreach worker is available to conduct a pregnancy test for female teenagers. Results of the urine (pee) pregnancy test are given at the time of the test. If the test is positive (the teenager is pregnant), a proof of pregnancy statement will be given to your teen and referrals to community resources will be provided if needed. Testing includes teaching on ways to prevent teen pregnancy, as well as the prevention of Sexually Transmitted Diseases (STDs). This is a free, grant-funded service provided by Columbus Public Health. You or your insurance will not be billed.



Youth Sexual Wellness Program – Offers quality services to screen for Sexually Transmitted Diseases (STDs), including chlamydia, gonorrhea, syphilis and HIV and pregnancy. Teens having any kind of sex should know about and be screened for STDs. Some common STDs may not have symptoms or the symptoms may go away without treatment, even though the infection is still in the body. Routine screening is the best tool to prevent and treat STDs. Screening includes teaching a teenager about reducing their risk and preventing STDs. Screening may include giving a urine (pee) sample, a blood draw, a finger stick and/or a mouth swab. Anyone with a positive test result (sexually transmitted infection is present) will be confidentially contacted for treatment. Positive pregnancy tests will be followed up with options for care. Insurance is billed when possible, however if you do not have insurance, there is no cost to you for these services. You will not be billed.



Nationwide Children's Hospital Services

School-Based Behavioral Health Program



Provides in-school and in-home services to students and their families who have barriers to school success not related to school work (such as attendance problems/school avoidance, disruptive behavior in class, depressed mood, excessive worry, anger outbursts, panic attacks, bullying, alcohol or drug use/abuse, family conflict, reactions to traumatic events, grief/loss, peer conflict, social isolation, loss

of interest/motivation in life or fun activities, or suicidal writings, thoughts, comments and/or actions). Services include prevention groups, individual and family therapy. School-based clinicians typically have two contacts per week with the student, including home visits involving the family, as well as meeting with school staff. Ongoing (24/7) crisis support is also provided for students involved in the program. Sessions continue through school breaks and snow days; referrals may be made for psychiatric care or other NCH programs, if needed. The length of treatment varies depending on the needs of the student and family. Medicaid or your private insurance will be billed for these services. To the extent any of these services are not covered by your insurance, you may receive a bill.



School-Based Primary Care Services



A nurse practitioner provides health services for children and adolescents in many Columbus City Schools. The goal of providing care at school is to keep your child healthy with regular physical exams; vision, hearing and developmental checks; and immunizations against diseases. Nurse practitioners may also be available to see your child when they are sick or injured and for specialized care including sports physicals and reproductive health. You and/or your teenager may have concerns about their reproductive health. Our nurse practitioners can also provide health education and care about menstrual (period) problems; abstinence counseling and pregnancy prevention; STD screening and treatment; and referrals to other health providers, if needed. To help teens lead a healthy life, information and services will be given about healthy weight, drug, alcohol and tobacco use prevention, and how to avoid teen pregnancy and sexually transmitted diseases, including HIV/AIDS. Unless prohibited by law from doing so, a summary of services provided and recommendations for follow up (if needed) will be sent home with your child and will also be sent to your child's primary care physician. A *Vaccine Information Statement (VIS)* handout that explains the benefits and risks of an immunization will be sent home with your child before each immunization is given. This information on all immunizations is also available at <http://www.cdc.gov/vaccines/hcp/vis/index.html>. Medicaid or your private insurance will be billed for these services. To the extent any of these services are not covered by your insurance, you may receive a bill.

OhioHealth Services

Wellness on Wheels Sports Physicals



Students have access to a free physical examination to help determine whether it's safe for them to participate in a school sport. If there are no health issues that would prevent them from safely participating in a particular sport, the doctor will sign and approve. If any concerns are identified that need follow up or if more evaluation is needed, the doctor will share these issues with the school nurse and the parent or guardian. In these situations, the student may not be cleared for participation. Our goal is to increase students' ability to participate in sports and to ensure they are healthy enough first. The student and parent must complete the *Ohio High School Athletic Association Preparticipation Physical Evaluation History Form* before having the sports physical. This is a free service provided by OhioHealth. You or your insurance will not be billed.



Wellness on Wheels Woman's Health and Reproductive Services



Wellness on Wheels offers long-acting reversible contraceptives (LARCs) including the birth control arm implant and IUDs, at four Columbus City high school sites every week. Talk with your school nurse or call OhioHealth Wellness on Wheels at 614-566-9989, option 1. Additional OhioHealth consents are required. Medicaid or your private insurance will be billed for these services. To the extent any of these services are not covered by your insurance, you may receive a bill. If you do not have insurance, you can meet with our social worker to discuss financial assistance.

PrimaryOne Health Services

Vision Services



PrimaryOne Health (previously Columbus Neighborhood Health Center) provides vision services to students at the PrimaryOne Health Center located on the Fort Hayes campus. An optometrist will provide comprehensive eye care to children and adolescents. Vision services include dilated eye exams, treatment and management of eye conditions, vision therapy, and dispensing prescription eye glasses when needed. This service will become available during the 2017-2018 school year.



Payment Assistance For Services

We can help if you need assistance applying for or checking the status of Medicaid.



You can stop by the Columbus Public Health Resource Room (240 Parsons Ave.). No appointment is needed; wait times may vary. One-on-one help is available: Monday 9 a.m.-4 p.m., Tuesday 11 a.m.-3 p.m., Wednesday 9 a.m.-1 p.m., Thursday 9 a.m.-4 p.m., and Friday 11 a.m.-3 p.m. You also can contact the Franklin County Department of Job and Family Services at 614-233-2000 or the Ohio Medicaid Consumer Hotline at 800-324-8680.