

# **Teen Dating Safety**

# Ruling Out Experiences (ROX)

Offers school and community programming for girls on team building, healthy communication, dealing with girl drama/bullying, healthy relationships, navigating social media, body image, support systems, safety and violence prevention, stress and coping, academic and career development and leadership. Call or visit the website to find a ROX program.

1335 Dublin Road, Columbus, Ohio 43215 (614) 488-8080 rulingourexperiences.com

# American Academy of Pediatrics (AAP) Healthy Children

The website has information on a wide range of health topics, including safety, fitness, school issues, dating, substance abuse; emotional wellness, including helping children handle stress, psychiatric medications, grief. It also provides information about healthy living, family life, immunizations, developmental stages and more. healthychildren.org

# American Academy of Pediatrics (AAP) The Resilience Project

Offers pediatricians and families information and resources to help children and adolescents who have been exposed to violence. This website addresses toxic stress, domestic and community violence, child abuse and neglect, sexual abuse, cyber bullying and teen dating violence.

aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/Resilience-Project.aspx

# American Psychological Association (APA) Teen Dating Safety Guide

Click below to read their resource guide "Love Doesn't Have to Hurt" for teens about dating abuse. apa.org/pi/families/resources/love-teens

## Be The One Ohio

Their website provides sexual violence prevention resources, information and tools for teens and young adults. Ohio Alliance to End Sexual Violence (OAESV)

6111 Oak Tree Boulevard, Independence, Ohio 44131

- (888) 886-8388
- Ohio Sexual Violence Helpline: (844)-644-64357

Be the One Ohio: icanbetheone.com

OAESV: oaesv.org

## Break the Cycle

Provides in depth dating abuse programs exclusively to young people ages 12 to 24. Teens can go online to ask confidential, anonymous questions about dating violence, learn facts about abuse and find out how to protect themselves. They also offer youth leadership and education opportunities, legal services and are involved with advocacy.

Text "loveis" to 22522 to chat with a peer advocate 24/7 breakthecycle.org

## Center for Family Safety & Healing

Addresses all aspects of family violence including child abuse and neglect, teen dating abuse, domestic violence and elder abuse. They offer community training and a continuum of research-based prevention, intervention and treatment programs for individuals (like counseling and medical services for foster children) who have experienced family violence.

655 East Livingston Avenue, Columbus, Ohio 43205

- General: (614) 722-8200
- Adult Counseling Services: (614) 722-8293
- Child Assessment Center: (614) 722-3278
- Child & Family Counseling: Intake (614) 722-8212 or Questions/Concerns (614) 722-8210
- Fostering Connections Program: (614) 722-6789

familysafetyandhealing.org

#### Love Without Hurt

Encourages and teaches teens the skills and information they need to build healthy relationships in their lives; recognizing and preventing teen dating abuse. Services include: classroom presentations, summer workshops, teen conferences and training for professionals. They provide professional guidance, education, support and services to parents, educators and professionals who work with teenagers.

(614) 353-4177

lovewithouthurt.org

## National Center for Victims of Crime & VictimConnect

Provides many resources for victims of dating violence and stalking. VictimConnect, a program of the National Center, offers confidential referrals for crime victims by calling or online chat. 2000 M Street Northwest, Washington, DC 20036 VictimConnect Hotline: (855) 484-2846 victimsofcrime.org victimconnect.org

## National Teen Dating Abuse Helpline: Love is Respect

Provides free phone support and resources for teens involved in dating abuse. Their website offers helpful information for teens and parents about healthy relationships and signs of abuse, and teens can chat online to get free, confidential advice.

## Start Strong Futures Without Violence

Offers teen and tween dating violence information and guidance for the professional or parent of middle-school age children. Real life love lessons, literature and webinars are shared as well as insight on proven strategies and ways to execute those strategies leading to healthy decisions teens and tweens can make to have healthy dating friendships and relationships.

100 Montgomery Street, San Francsico, California 94129 (415) 678-5500 startstrong.futureswithoutviolence.org futureswithoutviolence.org

## Taking Charge

This website focuses on teens, and answers questions about relationships, parenthood, education, housing, legal rights, LGBT, foster care, immigration, money management and more. There is an online FAQ to help youth and young adults learn about their rights and responsibilities and other information they need to move with confidence through adulthood.

takingchargeohio.org

## Teens Health

A website for teens that cover various health topics such as depression, relationships, staying safe, sexual health; smoking, coping with cliques, binge drinking, dealing with an alcoholic parent; marijuana use and more. teenshealth.org/en/teens

## That's Not Cool

This website was created by teens to help prevent relationship violence. This national public education campaign uses digital examples of controlling, pressuring and threatening behavior to raise awareness about and prevent teen dating abuse.

thatsnotcool.com