

Career Connections



NORTHLAND HIGH SCHOOL

ASPIRE. ACHIEVE. ADAPT.
That's the Viking Way!



Career Connections @ Northland HS

In partnership with the Ohio Department of Education and Northland Star Partners

At **Northland High School**, our mission, as a diverse community of learners, is to help students succeed in college, the military, and the workforce. To fulfill this mission, we must also help students identify their career aspirations, connect their interests to a career, and leverage community partnerships for extended learning opportunities.

Through the Career Connections Workshop Series, students will participate in eight (8) 90-minute workshops of their choosing throughout the school year that aligns with one of the 16 career pathways developed around Ohio's in-demand occupations.

We are joined by the Northland Star Partners, a newly-formed community action organization, that will provide volunteers and resources to make this an enriching experience for all.

I am excited about this opportunity to help ALL of our students declare their career aspirations and engage with caring adults who will help them discover the path to career success.

Days of Career Connections Workshops

Semester 1

Fri., Sept 17, 2021	CC Workshop #1
Fri., October 22, 2021	CC Workshop #2
Fri., November 11, 2021	CC Workshop #3
Fri., December 17, 2021	CC Workshop #4

Semester 2

Fri., January 21, 2022	CC Workshop #5
Fri., February 18, 2022	CC Workshop #6
Fri., March 18, 2022	CC Workshop #7
Thurs., April 14, 2022	CC Workshop #8

Bell Schedule for Career Connection Workshop Days

Period 1	7:30 - 8:10
Career Connections Workshop	8:15 - 9:45
Period 2	9:50 - 10:25
Period 3	10:29 - 11:04
Period 4	11:08 - 11:48
Period 5	11:53 - 12:28
Period 6	12:32 - 1:12
Period 7	1:17 - 1:52
Period 8	1:56 - 2:30

Student Instructions

Scan the QR Code below and complete the Google form to identify which workshops interest you. Be sure to include your English teacher's name and period so that we can let you know which workshop you are assigned to.



Agriculture, Food, and Natural Resources

#1 - Jobs for Animal Lovers

Facilitator: Mrs. Levy

Do you love animals? If so, you have hundreds of possible jobs to consider and multiple career paths you can follow! Explore jobs like dog walking, animal grooming, veterinary science, animal-assisted therapies, animal conservation, farm management, zookeeper or zoologist, animal trainer, lab tech assistant, beekeeper, animal control, wildlife management...and many more! Sessions will include exploring various ranges of training and pay and jobs that fit your positive traits and/or interests within the field of working with animals, plus guest speakers who make their living working with animals.

#2 - Forestry

Facilitators: Ms. Bracken, Ms. Light, Ms. Earley, and Ms. Cerino

Would you like a job working outside? Do you like nature? Interested in trees? This course is designed to explore careers in forestry and provide you experience to determine if you would like to pursue this career path. Speakers from the Ohio Department of Natural Resources will give you a firsthand account into the profession. The final workshop will be a field trip to the Hocking Hills area. This day long field trip will give you an opportunity to observe the beautiful Ohio trees that forestry professionals are trying to protect.

3 - How to Use Your Love of Animals in Multiple Professions

Facilitator: Mrs. White

In our sessions we will be looking at the use animals in different help modalities (therapy, comfort, service, search and rescue, etc.) and how they tie into many different professions. We will learn what it takes for animals to be trained in these different skills and what types of animals are used. We will be reviewing the process and journey of Leroy Brown's quest to become a certified therapy dog.

Architecture and Construction

#4 - Working With Your Hands to Make Big Money!

Facilitator: Ms. Kennedy

This course will explore trades such as construction, electric, plumbing, overhead crane operations and necessary schooling for each career. We will talk to local companies who are desperate for trustworthy, 18-year olds who are not afraid to get dirty. We may play around with electric panels and home construction. Local companies may give us crane demonstrations and we could potentially go on field trips to experience the workplaces where you could be employed. We will visit a local training company in Logan, Ohio. We will speak with veterans who have found that their training was gained in the armed services and find out what it was like to serve our country. Come join us for an adventure!

Arts, A/V and Communications

#5 - Breaking Into the Entertainment Industry: Successful Marketing Strategies

Facilitator: Mr. Pentzell

This course will explore various marketing strategies that are essential to "break in" to a career path in the entertainment industry. Honing skills related to cover letters, resumes/headshots, follow-up communications, and general networking will be the focus of this workshop series. For anyone who is interested in an entertainment career and wants to hit the ground running, this workshop is for you! Whether you want to stay in Columbus, explore the Big Apple or La La Land, or any city in-between, learning how to "get your foot in the door" is essential to beginning a lasting, successful career in entertainment. Luck is related to your EFFORT. So if you want a chance to show off your talent, join me for some "tricks" of the trade!

#6 - Music Careers Beyond the Stage

Facilitator: Mrs. Smith

Many students love music but don't want to sing or perform. This class is designed to help kids discover careers in music that don't involve performing. Various aspects of our students' interest may help guide them to a specific career path. Other students may find a path through research and making connections. The arts are not all about performing; sometimes the most important parts are the supporting roles. I hope students can find a passion for the careers beyond the stage.

#7 - Art: Taking Flight

Facilitators: Mr. Barr and Mr. Gilbert

This workshop is a hands-on experience in the production of public works of Art. Students will assist in the creation of large Art pieces inspired by the Northland motto of Aspire, Achieve, and Adapt. These pieces will utilize Drawing, painting, ceramics, origami, and other mediums. Each piece will also incorporate the central theme of Taking Flight.

8 - Lights, Camera, Action On & Off the Stage

Facilitator: Mr. Holmes

Learn about what it takes to make it in the entertainment industry directly from professionals who are currently in the field. I have arranged for working professionals to share with you some important life lessons as you explore how to flourish in this creative industry.

Business, Management, and Administration

#9 - Building a Business From Scratch

Facilitators: Mr. Nunn & Huntington Bank Reps

This workshop will show you how a business can be built with few resources. We will show you how to develop a vision and execute it. We will explore qualities of leadership in an entrepreneur. If you want to start your own business, get into this workshop!

#10 - When Keeping It Real Goes Right: How to Thrive in the Modern Workplace

Facilitator: Mr. Monteiro

Picture it: you've graduated college and landed a solid job for yourself. 401k, good benefits, and, eventually, you could get yourself a company car. Things start off smoothly enough, but you're struggling to stand out, and eventually your boss tells you that your performance just isn't good enough, and if you don't shape up, you're going to be fired. What do you do? In this course, we will discuss the ins and outs of professionalism and the steps you can take to rise to the top of any career path. You will learn how to handle workplace conflicts, how to communicate effectively, and how to advocate for yourself in competitive environments. We will talk through various workplace dilemmas and what you can do to be successful, no matter what career you may choose.

Education and Training

11 - Personal Goal Setting 101: What Does It Mean To Aspire, Achieve, and Adapt?

Facilitator: Ms. James & Mr. Henderson

You hear our school motto everyday on the announcements: "Aspire, Achieve and Adapt. That's the Viking way!" But have you ever stopped to consider how it applies to you? Everyday, these words from Mr. Johnson provide you with an opportunity to grow and be successful, not only in school but in life. We will hear personal examples of how others are applying this blueprint for success to their lives. Then we will help you build a pathway from a goal you wish to accomplish through trying to achieve it and learning how to adjust if at first you don't succeed.

12 - Yoga & Fitness Instruction

Facilitator: Ms. Simmons & Ms. Petit

This workshop will be an introduction to the training needed to design a safe, energized and fun group fitness class. Expenses, certification, and experience will be covered, as well as promoting the class to others. We will explore questions about financial potential, job satisfaction, time commitment, etc. in the field of group fitness instruction.

13 - College Application Essays 101

Facilitator: Ms. Palmer

This workshop would help, ideally Juniors and Seniors, to complete college application essays. We will work through the dos and don'ts of college app essays. We will work on composing essays, and editing them to our best potential. There will be a focus on the Common App essay prompts. We could also spend time on scholarship essays if the time allows.

14 - How to Research Your Family History

Facilitators: Mr. C. Holloway and Mr. Hollis

The job of a historian is to find and utilize historical documents, records, newspapers, photographs, films, diaries, books, letters, and artifacts in order to describe and define the developments that occurred in the period of study over time. In this workshop, you gain some key skills in fact-finding as you learn to research your own family history. What you discover may change your life!

#15 - Leadership 101: Developing the Leader Within

Facilitator: Mr. Sayers

There is a leader inside of each student. What kind of leader you are depends on your values, beliefs, passion, and work ethic. Join me as we explore that it takes to be a leader. You don't have to wait until you're an adult to be a leader. Leadership starts now!

Finance

#16 - Financial Literacy for Teens Who Don't Want to Be Broke Adults.

Facilitator: Mr. Thornhill

In this course we will explore four financial literacy lessons ANYONE can implement to have more options in life: 1. To survive, or to thrive? 2. Plant the seeds, or eat them? 3. No credit? Forget it. 4. Own the land you live on.

#17 - Financial Fitness

Facilitators: Mrs. Holloway, Mrs. Culp, & Huntington Bank Reps

Setting goals, budgeting, saving, spending, borrowing, using credit — these are just a few types of knowledge, skills and behaviors people need to manage their resources effectively. It also takes 21st century skills such as research, analysis and problem solving to make good financial decisions. Learn from experts how to be financially fit for life!

Government and Public Administration

18 - Law and You

Facilitator: Mr. Gibson

Using lawyers from the Columbus City Attorney's Office, participants will learn about the legal system, legal careers, and the elements of a trial.

19 - LGBTQ+ Considerations for College and Career

Facilitator: Mrs. Richardson

This Career Connections workshop is for students who want to learn more about careers in advocacy, civil rights law, health and human services and more as it relates to the LGBTQ+ community. We will hear from local organizations like Kaleidoscope Youth Center, as well as local LGBTQ+ professionals on their experiences on their personal journey to their careers. We will also hear from local colleges on what to look for when searching for an LGBTQ+ friendly campus. Students interested in this course must be committed to establishing an open minded and supportive community within our group.

20 - Community Development and Money Management

Facilitator: Mr. Montana

Community development gives individuals and groups the opportunity to take action and address issues within communities. There are a variety of different approaches to community development such as community engagement, self-help groups, economic development, community organizing and so much more. Learn how to get active now and allow your interest in community development to lead to a rewarding career.

Health Science

21 - Health is Wealth

Facilitator: Mr. Baker

I want our students to be healthy. Their age represents such a pivotal time in their personal development, and I want them to develop habits that lead to a more fulfilling and healthy life. I would like to facilitate a workshop based upon physical health. I want dive deep into nutrition, as well as positive physical fitness lifestyles.

22 - Equity in Sports

Facilitator: Mrs. Pinter

This workshop will explore different sports, physical training, and first aid/ CPR training. The focus will be on teamwork and inclusion. We will play flag football in the fall with a fieldtrip to Cleveland near the Football Hall of Fame. Track and Field would be the focus for the spring. The cumulating activity could include participation in our district's Special Olympics High School Track Meet hosted here at Northland.

23 - Walking and Running for Life

Facilitator: Mr. Fast

Running and walking are two of the best and easiest way to include exercise in your lifestyle. In this workshop we will explore the strengths, weaknesses, and everything in between, teen runners and walkers should know about so they can maximize their running and walking ability. No previous experience required.

Human Services

24 - Funeral Home Operations & Opportunities

Facilitator: Mr. Kopp

This workshop would be based around Funeral Home Operations. It would give students an inside look at all that is involved in this field, and all the different career opportunities involved: funeral director, embalmer, advanced funeral planner, celebrant, pet services coordinator, crematory operator, etc. Would also talk about the history of the field, different options (i.e. cremation vs. traditional burial), the ways different cultures approach the death/funeral process, and the schooling/training involved in entering the field. Most of the workshop would be centered around bringing in various professionals to speak with the students and answer questions. If possible, there would be a field trip to a local funeral home to observe operations and how all of the pieces and parts fit together. Possibly involve cemetery workers, hospice, and other related fields, as appropriate, and if time permits.

25 - Community Navigators - Translating, Interpreting, and Supporting New American Communities

Facilitator: Mrs. Baker

Do you speak a language other than English at home? Does it ever annoy you that most information from the school comes only in English? You can help us change this! This workshop will give students the opportunity to explore careers in translation, interpretation, and human services focused on New American communities while also giving them hands-on experience sending out written and oral school information in multiple languages.

26 - Let's Keep Northland Clean

Facilitator: Mr. Rogers, Head Custodian

In this workshop we will learn what it takes to maintain a facility as large and as beautiful as our wonderful NHS campus. We will work on specific projects on our property to make our space even more functional and welcoming. Join me and let's get to work keeping our campus looking great.

Information Technology

27 - Gaming: From Hobby to Career

Facilitator: Mr. Sanchez

Have you considered the possibility of taking your passion for gaming and turning it into a long and successful career? Now a multi-billion-dollar industry, there are many gaming career options to choose from, both on the technical and creative sides of the field. If you have the commitment, skills and drive to immerse yourself in the world of video games, the possibilities are endless.

28 - School News: Broadcasting & Video Production

Facilitator: Ms. Trimble

Participants will learn how to locate, create, and publish video content for a weekly school news broadcast. This includes writing and editing script for specific segments; using a teleprompter; recording video using green screen and three-point lighting; speaking clearly and enthusiastically; editing video; video production including adding text, transitions, and music; and publishing video to the web. The goal is to complete one weekly broadcast at the end of the workshop for viewing by Northland staff, students, and families. This is the first step to becoming a member of the NEW School News Crew.

Law, Public Safety, Corrections, and Security

29 - 911: What's Your Emergency?

Exploring the Career Tree of Public Safety Public Safety

Facilitators: Mrs. Blakely and Mrs. Soule

In this Career Workshop, we will explore the Career Tree of Public Safety. During this time, there will be speakers from different careers within the "Tree" such as Law Enforcement, Dispatchers, Firemen, EMT... and any others that we want to learn about. The goal: to learn about career requirements and expectations. What do you need to study now in high school and what training comes next to prepare for a career in Public Safety? Could being multi-lingual help in these careers? Let's discover together.

30 - Navigating Systems as a Newcomer

Facilitators: Ms. Osborn and Mr. Blabuh

Being new to America can be challenging in a variety of ways. In this workshop we will explore ways to anticipate issues and overcome obstacles in several different areas, such as education, housing, transportation, and immigration. All are welcome to share and learn!

STEM (Science, Technology, Engineering, and Mathematics)

31 - Sustainability in Your Community

Facilitator: Mr. Greshuk

We will discuss our ecological footprint and design a project that will impact our neighborhood. Virtual tours or physical tours to water treatment plant are just some ideas.

32 - Let's Talk Sports: Using STATS to Prove Your Point

Facilitators: Dr. Brown and Mr. Fells

Derrick Henry is better than Ezekiel Elliot! Damian Lillard is better than Steph Curry! How do you know? Can you convince someone that your choice is correct? In this workshop, you will learn the art of communication and persuasion by using sports statistics to back up your argument. You will learn to articulate your thoughts into viable arguments to convince the listener that your view is the best. You will learn how to research data from various media sources, and interpret the numbers to build your arguments. Use the Socratic Method (art of asking and answering questions) to stimulate your thinking in supporting your argument (or deciding to bail). Explore what goes into creating a sports podcast. In the vein of First Take, Around the Horn, and Skip and Shannon:Undisputed, you will experience being "on the mic" to make your point to an audience.

33 - Exploring College Engineering Programs and Businesses

Facilitators: Mr. Kellar and Mr. Scythes

In this workshop students will learn about the various college engineering programs in the region and what it takes to get admitted and be successful. This workshop may include physical or virtual visits to colleges and discussions with college admission officers. We may also visit local engineering companies to learn about their career opportunities.

34 - So you want to be a doctor?

Facilitators: Mr. Klemm & OSU Medical School Students

Health care is one of the fastest-growing industries in the United States. There's big demand for some professions, like nursing. Qualified people usually find jobs easily. Other fields, like music therapy, are fairly new on the scene. Whatever your interest is, consider joining this workshop to engage directly with medical school students about what it takes to be successful in the field of medicine.

Transportation, Distribution and Logistics

35 - Exploring the World of Automobile Mechanics

Facilitator: Ms. Elledge and Mrs. Wolfe

Automotive Technology programs prepare students for entry-level positions such as Service Technicians or Service Advisors. Through classroom and hands-on experiences, this course will introduce you to a wide variety of career opportunities in new car dealerships, independent repair shops, and fleet repair facilities.

Career & College Exploration

36 - Skilled Trades \$\$\$

Facilitator: Mr. Bell

Skilled Trades are careers that often require less schooling and debt than a four-year degree. These jobs are in demand for fields like healthcare, information technology, advanced manufacturing, construction and automotive. Once seen exclusively as a world of manual labor, today's Skilled Trades jobs offer a wide array of opportunities for high school and community college students.

#37 - Explore career options that fit your unique personality!

Facilitator: Ms. Jacks

In this workshop students will take a Myers-Briggs personality test called 16 personalities. The insight students gain will help them understand more about their own personalities and others' personalities. Students will reflect on how they think, and interact with the world and others. The test will provide them with a list of careers to explore that fit their unique personality type.

38 - Choosing the College that is Best for You!

Facilitator: Ms. Pitzer, I Know I Can College Advisor

To find the right college fit for you, think about what you need in four different categories: academics, campus culture, financial aid, and career services. We will explore each of these categories to help you decide where you should be spending your energy and time. Don't be stressed out about selecting the right college. Let me be your guide on this great adventure.

39 - Discovering Your Career Interests

Faciliator: Mr. Harris

The world has changed and it's more important than ever to connect, engage, and know your path to success. Through ongoing dialogue, this workshop will help show students what's possible and how to get there. Powerful career exploration, goal-setting, and self-discovery will motivate you to set career and lifestyle goals, see the relevance of your education, and perform at a higher level.

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