



# Dance Performance



READY4SUCCESS



## IS THIS YOU?

- \* Like to dance everyday
- Like to learn ballet technique
- Like to make up dances
- Like to perform
- Like to be around other dancers
- Like to dance to different kinds of music
- Like to train in modern dance
- Like to look at professional dancers on the Internet



## LEARN BY DOING:

- Ballet
- Physical Fitness
- Modern Dance
- Dance History
- Choreography
- Anatomy
- Dance Critique
- Business of Dance



## CAREERS:

- Dance Teacher
- Choreographer
- Dancer in Videos
- Professional Cheerleaders for Pro Teams
- Dance Studio Owner
- Physical Therapist



## PROGRAM BENEFITS:

- Solid preparation to pass dance auditions for colleges
- Solid ballet training which enhances all dance techniques
- Understanding of ones anatomy which helps develop good technique
- Augmentation of musical genres and movement vocabulary

## A Day at the Fort:

**1st Year:** Related Academics; Warm up; Ballet Class; Work on choreography

**2nd Year:** Related Academics; Warm up; Ballet Class; Work on choreography

## About US:

Auditions are required to be accepted to the program. Attendance and commitment are of the utmost importance. Emphasis is placed on ballet, modern dance and choreography.

## Things You'll Do/Make:

- Place shoes correctly inside the door
- Be in seats by the bell
- Wear proper dance attire
- Fix hair as stipulated for class
- Participate in related academics
- Do warm up full out
- Do technique class full out
- Work on choreography
- Fix tables and chairs



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