

Personal And Social Responsibility

Goals in Sport Education

Goal 1: Respect for the rights and feelings of others

Sub-goals

- ☞ Maintain control of yourself in all situations within the team and in competitions.
- ☞ Respect and value everyone's right to participate fully in fair competitions.
- ☞ Respect and value the need for and right peaceful resolutions of conflict.

Goal 2: Participate and make a good effort

Sub goals

- ☞ Learn what effort means in practice and competition.
- ☞ Be willing to try new things, such as new roles and new positions.
- ☞ Develop an optimistic, yet realistic sense of personal success in each activity.

Goal 3: Become self-directed

Sub goals

- ☞ Stay on task independent of teacher supervision and coach supervision.
- ☞ Learn techniques and tactics for each activity.
- ☞ Plan for your own improvement and evaluate progress.
- ☞ Work to successfully fulfill assigned team role.
- ☞ Learn to work toward seasonal and yearly goals.

Goal 4: Care for and be sensitive to well-being of others

Sub goals

- ☞ Improve interpersonal skills with teammates and opponents.
- ☞ Help others when the need arises, both teammates and opponents.
- ☞ Contribute to the goals of the team and class.
- ☞ Be sensitive to teammates and opponents and express that appropriately.

Goal 5: Be aware of and practice these skills beyond class

Sub goals

- ☞ Practice these skills in other sport and physical activity settings.
- ☞ Generalize the skills to non-activity settings such as home and work.