

Floor Hockey Rubric

1. Grip Critical Elements (Left handed students do the opposite)
 - a. _____ Both hands on the stick
 - b. _____ Left hand at the top of the stick
 - c. _____ Right hand top $\frac{3}{4}$ of the stick

2. Dribbling Critical Elements
 - a. _____ The puck is on the heel of the stick
 - b. _____ The puck is put on the backhand at least 1 X
 - c. _____ Student looks at the puck then looks up to travel
 - d. _____ The student has the puck in control for three consecutive dribbles

3. Passing Critical Elements
 - a. _____ Students look up to pass the puck
 - b. _____ Students bring the puck behind their shoulders
 - c. _____ The puck is on the heel of the stick
 - d. _____ Knees are bent
 - e. _____ The wrist follow through and snap at the end of the pass
 - f. _____ Point with stick where passing
 - g. _____ The pass is accurate

4. Wrist Shot Critical Elements
 - a. _____ Students look up to travel towards the net
 - b. _____ Students bring the puck behind their shoulders
 - c. _____ The puck is on the heel of the stick
 - d. _____ Knees are bent
 - e. _____ The wrist follow through and snap at the end of the shot
 - f. _____ Point with stick where shooting
 - g. _____ The shot is accurate and hits the net

5. Wing Defensive Critical Elements (left wing does the opposite)
 - a. _____ Students stay on right side of the area of play
 - b. _____ Students stay between the net and the right defensive player
 - c. _____ Stops any passes or shots made by defensive guard

6. Center Defensive Critical Elements
 - a. _____ For the primary play the center stays in the middle of the ice and sometimes when necessary will float to the right and left side of the rink
 - b. _____ The center blocks any passes made to the offensive wings, center, or defensive shots in front of the net
 - c. _____ Gets back to cover any breakaways

7. Defense Defensive Critical Elements (left defensive does the opposite)
 - a. _____ For the primary play the defensive player stays on the right side of the rink and sometimes when necessary will float to the right and left side of the rink to cover a player in front of the net
 - b. _____ The defensive player blocks any passes made to the offensive wings and center in front of the net
 - c. _____ Gets back to cover any breakaways

8. Wing Offensive Critical Elements (left wing does the opposite)
 - a. _____ Students stay on right side of the area of play
 - b. _____ Students stay between the hash mark area and behind the net
 - c. _____ The wing passes to the center, wing, defense, or takes a shot on net
 - d. _____ The wing breaks away from players trying to block a pass and moves to an open area to get a pass from the defense, wing, or center
 - e. _____ The wing screens the goalie and/or tries to tip in the puck into the net

9. Center Offensive Critical Elements
 - a. _____ For the primary play the center stays in the middle of the ice and sometimes when necessary will float to the right and left side of the rink
 - b. _____ The center covers the wing positioning when the wing goes for a shot on net
 - c. _____ The center covers the defensive positioning when the defensive players pinch in
 - d. _____ The center breaks away from players trying to block a pass and moves to an open area to get a pass from the wing or defense
 - e. _____ The center passes to the wing, defense, or takes a shot on net
 - f. _____ The center screens the goalie and/or tries to tip in the puck into the net

10. Defense Offensive Critical Elements (left defensive does the opposite)
 - a. _____ For the primary play the defensive player stays on the right side of the rink
 - b. _____ The defense pinches in to keep the puck in play
 - c. _____ The defense breaks away from players trying to block a pass and moves to an open area to get a pass from the wing, defense, or center
 - d. _____ The defense passes to the wing, center, or defense, or takes a shot on net