

## Alunelul (Romania Folk Dance)

- Basic Rhythm: 7, 7, 4, 4, 7, 7 beats
- Format: Line
- Develop new steps

Phase	Beat	Steps
I	7	Moving to Right side on R foot (0) → (1)      (3)      (6,7)(5) ↘      ↗      ↘      ↗ (2)      (4)
	7	Moving to Left side on L foot (5)(6,7)      (3)      (1) ← (0) ↙      ↘      ↙      ↘ (4)      (2)
II	4	Moving to Right side on R foot (0) → (1)      (4)((3) ↘      ↗ (2)
	4	Moving to Left side on L foot (3)(4)      (1) ← (0) ↙      ↘ (2)
III	7	Moving to Right, Left and Right side, starting with R foot (3)(4) (0) (2,6,7)(1,5) → ← →
	7	Moving to Left, Right, and Left side, starting with L foot (1,5)(2,6,7) (0) (4)(3) ← → ←