



Care Connection

Behavioral Health Services At Your School

Behavioral health treatment and prevention services are available at a number of central Ohio schools. If your child is experiencing social and/or emotional difficulties, you can get help from a licensed therapist on-site at your child's school through Nationwide Children's Hospital's Care Connection.

Reasons for a child to visit a school-based therapist:

- Sadness
- Anxiety
- Mood swings
- Aggression
- Dropping grades
- Bullying
- Panic attacks
- Conflict with family or friends
- Grief/loss
- Trouble focusing in class
- Alcohol/drug abuse
- Suicidal thoughts

What services are provided?

- Individual therapy – Involves meeting once or twice per week at school, at home or at another location in the community. Students can discuss their challenges with a licensed therapist, as well as their parent/guardian.
- Group therapy – Involves meeting once or twice per week, for six to 12 weeks. Students will meet at school and discuss their challenges with students who are experiencing similar difficulties.
- School-wide prevention programs: Wellness and education programs that teach students to manage a variety of issues. These include emotions, anxiety, trauma and more.

How can you schedule an appointment?

- Call (614) 355-8080 and ask for school-based services.

Visit [NationwideChildrens.org/CareConnection](https://www.nationwidechildrens.org/CareConnection) for more information.



NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.SM