



Care Connection



Behavioral and Mental Health Services - In Your School

Learn more at
[NationwideChildrens.org/Care-Connection](https://www.nationwidechildrens.org/Care-Connection)



Is your child:

- *Sad?*
 - *Anxious?*
 - *Moody?*
 - *Lonely?*
 - *Aggressive?*
 - *Getting bad grades?*
 - *Hanging with the wrong crowd?*
 - *Arguing with peers and adults?*
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If your child is struggling with issues like this, licensed mental health therapists with Nationwide Children's Hospital's Care Connection can provide therapy and prevention services to help. They assist students to overcome life's problems, feel better, manage their relationships with others and improve how they do in school. Care Connection is a partnership with your school and Nationwide Children's Hospital that provides access to mental health therapists on-site at your school.

Services include:

- **Individual and group therapy:** Some students have problems around their mental health and behavior that prevents them from being successful in school. These students can be referred for therapy by school staff or by their parent/guardian. School staff will contact the parent/guardian to ask their approval to refer the student to counseling services. Nationwide Children's staff will contact parents/guardians to complete the intake process and link them with the service your child needs.

- Individual therapy

- Usually takes place at school but can also happen in the community or in your home
- Is a partnership with the parent/guardian
- Involves meeting with your child one to two times per week

- Group therapy

- Is provided in the school to students who have similar issues and will benefit from learning from each other and practicing skills in a group setting
- Lasts 6 to 12 weeks, 1 to 2 times per week

- **School-wide prevention programs:** These wellness and education programs include:

- **PAX Good Behavior Game:** Used in elementary schools, this teacher-driven program improves the ways students manage their emotions, behavior and relationships. PAX has been shown to improve how well children do in school.
- **Signs of Suicide® Program:** Offered in grades 6 to 12, this program has been shown to reduce suicide attempts by students by 40 to 60 percent. The program teaches staff

and students how to identify and respond to those in distress. A letter and information will be sent home by the school before your child attends the program.

- **Other prevention and education groups:** These groups teach students to manage a variety of issues, including anxiety, emotions, trauma, peer relationships and conflict. Groups meet 1 to 2 times per week for 6 to 12 weeks. A letter and consent form will be sent home before your child attends the program.

Schedule an appointment

Contact Nationwide Children's Behavioral Health Intake Department at **(614) 355-8080** and **ask for school-based services.** You can also contact your school counselor or school social worker to schedule an appointment. Learn more at **NationwideChildrens.org/Care-Connection.**

How do I pay for services?

Do you have insurance?

Just like a doctor's office, we accept Medicaid and other insurance.

No insurance?

We will help you with:

- Financial assistance
- Getting back on insurance

No child will be denied care due to inability to pay for services.