

## Principal's Newsletter

# *The Cedarwood Chronicle*

November Edition

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The Fall Season is upon us! With that comes beautiful changes in our scenery. The leaves on the trees begin to turn colors and the weather provides relief from the hot and humid summer temperatures. As it gets cooler, please make sure your child is wearing the appropriate clothing. Meaning, it's getting very close to the time where we begin to pack-up the shorts and bring-out the jackets.

### ["Good Times with Grandparents Day"](#)

All grandparents are welcome to attend this event being held on Wednesday, November 3rd from 9:30 - 10:30 am. We will serve continental breakfast, play music, have some trivia, and we'll even play a couple of games of BINGO. There will also be door prizes awarded. All you need to do is attend and we'll take care of the rest! I hope to see you all there.

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## Walkathon

On behalf of the entire staff at Cedarwood, we want to thank all of our sponsors for this event. They were all very generous. Thank you to all of our community donors as well. Here is a list of our VIP sponsors: Kelly's Market, South High Carry Out, Mcdonald's,

## Coffee On the Curb

As the cooler weather approaches, we would like to invite our community to join us for complimentary "Coffee on the Curb!"

**Why** - because we appreciate each of you.. caregivers, bus drivers, staff members, all included!!

**When**- the 1st and 3rd Friday of each month during November, December, January, and February!

**Where** - out front during arrival.

We are looking forward to seeing you soon, during "Coffee on the Curb!"



## YOGA

We have started a Yoga Club here at Cedarwood, with one of our Occupational Therapists, Ms. Sandy Gale. She offers this as an alternative to recess. Each grade level will get two months to participate throughout the school year.

In Yoga Club we are learning about how yoga and mindfulness are great ways to help strengthen and calm our mind and bodies. Both yoga and mindfulness have so many benefits to offer to all of us (i.e. improve self-regulation, self-confidence, academic readiness, social and peer interactions - to just name a few)! Each week is different, sometimes we will do "themed" yoga, i.e. Fall, Back to School, Spring, etc. Sometimes we'll have challenges, play yoga games or the students will lead the sessions by choosing their favorite poses to do. We are also learning many different breathing techniques to help regulate our bodies. Ask your child if they have participated, and if they have, maybe you can enjoy some yoga together at home!

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## Parent-Teacher Conferences

Conferences will be held on Tuesday, November 9th and Wednesday, November 10th from 4:00 - 7:15 pm each night. Conferences will be held virtually. Your child's teacher will send-out zoom links beforehand. I will also post staff zoom links to our school's website.

## Mark Your Calendar:

### Upcoming Dates for the First Semester:

Nov. 2 Professional Development Day (Students Not in Attendance)

Nov. 3 Good Times with Grandparents Day (9:30 - 10:30 am)

Nov. 5 Coffee on the Curb (8:15 - 9:00 am)

Nov. 22-23 Asynchronous Day for all students

Nov. 24 All Schools Closed (Compensatory Day for Parent Conferences)

Nov. 25-26 All Schools Closed (Thanksgiving Recess)

Dec. 17 30-Minute Early Release

Dec. 20-31 All Schools Closed (Winter Break)

Jan. 14 End of Quarter 2

Jan. 17 All Schools Closed (Martin Luther King Jr. Day)

Jan. 18 Professional Development Day (Students Not in Attendance)

## PTO...PTO....PTO

Ladies and Gentlemen, are you interested in making a true impact on our school? Then, look no further, because here's your chance. Please consider joining our PTO. If you are interested, contact Ms. Doggett, our PTO President at



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### 3 BEs

Cedarwood is a “3 Be” school. Our 3 BEs are:

**Be Respectful! Be Responsible! Be Safe!**

That is the **Woodchuck Way!!!!** Over the course of the school year, you will hear this a lot. It’s emphasized in the classroom, the hallway, the lunchroom, playground, etc. We expect all our students to act appropriately each and every day. When students exhibit these behaviors, they will be rewarded through our school’s PBIS team’s incentive program. If your child comes home with a coin, it’s because he/she was recognized by a staff member. Once a student receives a coin, they can redeem it for a prize on Fridays. Also, anyone who receives a coin will automatically be eligible to participate in a monthly celebratory event for their efforts in making our school a better place to be.

### Attendance:

Parents, remember attendance is very important. Attendance is no longer calculated by days present. It’s based on hours, which means if you are choosing to pick-up your child early each day, you will accumulate hours “out of school” and will receive “Attendance Warning Letters.” This is the first step before Truancy gets filed. So, if possible, we would like you to schedule appointments after school rather than during the day. **We also ask that you don’t pick your child up from school before we let out.** Thank you, in advance, for your help in getting us to our goal of 95% attendance for the year.

### Grade Cards

Grade Cards for the 1st Quarter will be available online for you to review beginning on Wednesday, November 3rd. If you have any trouble accessing your child’s grade card, please let your child’s teacher know as soon as possible. Thank you!

**“Together We Can Make A Difference!”**



