

## Centennial High School Summer 2020 Freshmen Summer Project

Welcome to Centennial! The world has radically changed in 2020. The transition from middle school to high school has always been a challenge, but this year even more challenges present themselves. You are entering the Centennial High School family. As a family we have certain values, traditions, culture and expectations. Most importantly **we value you** for whoever you are. Our mission as the freshmen team is to help you become whoever you want to be. Our tradition is for freshmen to do a summer experience to help you define yourself in this world. You will be spending time this summer creating a vision of who you are and how you fit into our world and Centennial High School. This project will be the first step toward your future.

Log into Google Classroom (<http://classroom.google.com>). Your username is your student ID ##### and the password is your birthday MM-DD-YYYY.

Add yourself to the "Summer 2020 Freshmen Summer Project" class. The class code is **mgp4ae2**.

Have questions? Please e-mail Mrs. Krauss at [rkrauss1357@columbus.k12.oh.us](mailto:rkrauss1357@columbus.k12.oh.us) or Mr. Hamilton at [bhamilton7121@columbus.k12.oh.us](mailto:bhamilton7121@columbus.k12.oh.us).

### Activities

1. Complete "A Freshman Letter to Your Senior Self."

#### Choose one of the following:

2. Create a vision board for what you want to accomplish in high school ([https://www.huffpost.com/entry/the-scientific-reason-why\\_n\\_6392274](https://www.huffpost.com/entry/the-scientific-reason-why_n_6392274))

You can create the vision board using pictures, inspirational words, maps, or video clips. The vision board can be on a piece of poster board (like the examples in the link above), or if you are technologically inclined, you can use PowerPoint or Google Slides. Your vision board should show how you plan to accomplish your goals.

3. Write a personal motto and create a sign or art work around it (<https://www.psychologytoday.com/us/blog/changepower/201508/9-reasons-you-need-personal-motto>)

Is there a phrase or line that motivates you? Do you cheer yourself on with some version of "You got this!" when you need an extra boost? As mentioned in the link above, these little "pep talks" can go a long way toward helping you get through a difficulty or manage a road block.

4. Identify an existing song, poem, or work of art that represents your values. Explain how this connects to you. (see below, from Linda)

Perhaps, as you go through your day, there is a favorite song that runs through your mind on heavy repeat. Maybe there is a poem, painting, statue, or a place that you like to visit? Is there something about the message from the artist that communicates what you want to say?

5. Create a song, poem, or work of art that represents your values. Explain how this connects to you.

Create art (painting, photo, craft, sculpture, song, poem, etc.) that embodies who you are right now or who you want to become. Explain how these objects connect you to the world and to others.

# A Freshman Letter to Your Senior Self

As a last step before high school take some time to memorialize who you are and how far you have already come. Complete the Freshman letter to Senior self. These will be returned to you when you graduate so you can see how far your journey at Centennial High School has taken you. Please include your letter in a properly addressed envelope with your summer experience project.

Write one or more paragraphs for each of the following seven parts of the "Letter to Self".

**ME, NOW:** my hopes, fears, dreams, intentions, goals, problems, concerns, likes, dislikes, joys, frustrations; what I like about myself; what I don't like about myself; what I'm proud of; what I think about; what bothers me; who I am, etc.

**MY WORLD:** a description of my home, bedroom, school, neighborhood, town; my favorite places to go; chores, allowance, pet(s), possessions, clothes, religion, current events; FAVORITES – books, music groups, movies, TV, etc. Include a map of your room, street, etc.

**WHAT I DO:** my hobbies, pastimes, sports, school activities; what I do when I'm alone; what I do with friends; favorite snacks and foods; chores; how I spend my weekends and vacations; special activities I do, organizations I belong to, etc.

**PEOPLE IN MY LIFE:** my family, siblings, aunts & uncles, grandparents, friends, best friend(s), teachers, the opposite sex, "him" or "her", who I like, people I'd like to know better, people I admire and respect, important people in my life, people who annoy me, etc.

**MY PAST:** where I was born, where I lived, growing up, childhood accidents, childhood memories, schools I attended, previous pets, trips I've taken, important events in my life so far, former friends, former teachers, teams I played on, previous romances, etc.

**MY FUTURE:** predictions of what I accomplished during high school, what I want to do after high school, my long-range intentions, what I'm looking forward to; what I'm dreading; my goals, my hopes and fears for the world; summer vacation, high school, college, marriage, employment, etc.

**MY LAST SIX MONTHS:** how I changed as a result; what new things I learned; what I would like to do but haven't yet.

## Suggested approach to writing:

**Step 1** Brainstorm ideas by making an idea web. Make sure you include specific details to support each idea.

**Step 2** Rough draft. Make sure each paragraph contains one main idea.

**Step 3** Final Draft due 1st day of school:

Here is a link to how to address an envelope:

<https://www.luther.edu/mail-center/envelope-package-addressing/>

## Type the final draft of your letter:

12 pt. font double-spaced

Times New Roman

No more than 1" margins

Turn in a letter in an envelope addressed to yourself to your Social Studies teacher.